

IV

Homeopathy



pep

Practitioner Education Program



Pep Course IV Introduction to Homeopathy Part 2

The combination of EAV and vibrational therapies, particularly homeopathy, may seem like a natural course of action for those who are open to and willing to participate in an alternative approach to health and wellness. For the many that are unfamiliar with the concept, it is not so matter-of-fact. The simple question, “What can this do for me?” is asked often. Finding a routine answer that applies to everyone’s level of understanding is not so simple. Basically, EAV and homeopathy together facilitate optimizing the body’s innate capacity to heal itself (optimum, being a relative term, does not refer here to the elimination of all symptoms and conditions, but to the body doing the best it can with what it has). This is done by re-establishing balance through the meridians. Balance is reestablished through homeopathic repatterning—providing a natural stimulus to the body to reawaken stagnant processes and realign them to perform as a whole, fully-functioning unit.

The expression “healthy balance” is quite commonplace, but balance itself is not health. EAV/homeopathy helps to get rid of the “excess baggage” that tips the scales, and a person may feel much better for the reduction and redistribution of weight; but this is not health. This is stress management. Balance is a gateway to health. It represents the point of maximum opportunity for healing. The longer we maintain balance, the better the odds and the greater the opportunity to restore true health. EAV and homeopathy, like map and compass, is a perfect combination of indispensable tools--unless you’re not going anywhere.

As with any therapy, compliance is a key factor in getting optimum results. Likewise, optimum results go a long way toward supporting compliance. The circle of compliance and results is held together by some general rules for taking homeopathic remedies. Some of these rules have been touched already upon already in Course 3. In this course we will go over some of the basic ground rules for the optimal utilization of homeopathy, and provide some homeopathic “recipes” for common problems that can be employed by beginning and advanced practitioners alike. Not a rule, but a word of advice, is always make sure the client understands that the practice of EAV/homeopathy does not treat symptoms, but balances the body. Symptoms are the normal pathway for the body to eliminate toxins, and an expression of detoxifying symptoms is sometimes necessary for the body to restore health.

As implied in Part 1 you almost can’t have too many books on homeopathy in your library. This and the previous course give you a good foundation from which to build your understanding. Supplemental reading for Course 4 includes:

[A Complete Course On Clinical Homeopathy--Chapters 11, 23, 24; review 10](#)



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The Complete Book of Homeopathy--Chapter 4

Vibrational Medicine—Chapter 6

Related reading:

Cross Currents—Chapters 4 & 5



Rules of Administration

NOTHING IN THE MOUTH!

Most homeopathic remedies are taken orally (some also come in the form of suppositories), and come in either tablet or liquid form. Both tablets and drops are administered sublingually. When taking any homeopathic remedies orally, the first consideration is not to have any other substance in the mouth that might interfere with the absorption and action of the remedy. Therefore it is best to keep the mouth completely clear of everything—food, beverages, dental and oral hygiene products, hard candy and lozenges, fingers—everything for at least 15 minutes before and after taking the remedy. It is recommended that even water be avoided, although there is some clinical evidence that this restriction is not absolutely necessary. It usually works to associate homeopathics with a “between meals” policy. When taking them more often than once a day, a good rule of thumb would be to take them first upon arising, then three hours apart thereafter.

When taking multiple remedies, the greatest benefit seems to come from taking them singly—that is, one at a time, spacing them apart by about a minute or so, and holding each under the tongue for at least ten seconds before swallowing (tablets should be allowed to dissolve completely under the tongue). However, experimentation has shown that taking the remedies all at once has positive results also. This is a relatively minor issue; the most important thing is to get the remedy into the system one way or another.

An alternative to the sublingual method, if dental surgery or some other form of trauma precludes taking the remedy by mouth, drops may be applied topically to the palm side of the wrist, or the inside of the elbow. Absorption is slower, but effective nonetheless.

An exception to the 15-minute rule is made for individuals who are somewhat sensitive to the alcohol base of pre-prepared remedies. Most homeopathics are made with a non-allergenic type of alcohol that is absorbed, accepted and tolerated by the body. But when alcohol is a problem, the user can put the drops in about one or two ounces of warm spring water or purified water (<120° F), allowing the alcohol to dissipate as the water cools, then sipping the water over several minutes. “Purified” water should be at least chlorine-free, and as free of toxins as possible (distilled water, which is virtually “dead” water, should be used only as a last option).

CAFFEINE & NICOTINE!

The second consideration is the **avoidance of caffeine and products that contain caffeine**—meaning coffee, chocolate, sodas, etc. To a lesser extent, but even more significant for other health reasons, is the



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avoidance of nicotine—meaning all tobacco products. For some, “no caffeine, no tobacco” means nothing short of a starvation diet; however, this more than any other deviation from the rules will jeopardize the success of a homeopathic protocol. Now, this does not mean giving these things up for life (although one could read into that, giving these things up in *exchange* for life, but we won’t go there at this time). It means for the duration of the therapy. It also means abstinence. *However*, it’s better to compromise on the rules for the sake of compliance than it is to comply with the rules at the expense of compromise. It is important for the client to understand that blatantly breaking the rules will upset the continuity and consequently the success of the therapy. Therefore, it would be more expedient to bend the rules in favor of something mutually supportive. Relative to their effects on homeopathics, the effect of tobacco will linger in the body for an hour or more, depending on the amount inhaled or chewed. Caffeine can stay in the body for many hours after ingestion. The alternatives to total abstinence become:

- Temporary abstinence. Following the golden rule of “everything in moderation”, the client may allow the remedies a window of opportunity when the body is relatively free of these toxins before and after taking the remedy—at least two hours for tobacco, four to six hours (maybe more) for caffeine.
- Compensatory dosing. For clients who can’t abstain, taking the remedy more frequently may offset the toxic burden imposed by the frequent smoker/drinker, but this is not guaranteed, uses far more remedy than would otherwise be necessary, and will probably extend the duration of the therapy needed to address the issues in question. It may be necessary to experiment with redosing, for instance, taking the remedy at hourly intervals after drinking coffee to determine when they will become active again.
- Neutralizing. Abstinence can be a significant stress on the adrenal glands. For the client experiencing withdrawal symptoms, it is extremely beneficial to facilitate balance by providing neutralizing doses of the toxins. Neutralizing takes the “edge” off of a reactive response, making the detoxification process more tolerable. Toxins need to be balanced on the allergy meridian. In addition, the adrenals can be supported with balancing doses of *Epinephrine* and *Norepinephrine*. Negating the consequences can have a positive effect on reducing the cravings, which supports the therapy and ultimately benefits the client in every aspect of health.

A Note on Neutralizing

Neutralization should be considered an adjunct to detoxification. It is intended to facilitate the removal of toxic substances from the body and from the diet. It is **NOT** intended to facilitate the continued use of toxic substances. Unfortunately, the distance separating these concepts is a short one, and this can lead to



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a tempting misunderstanding. Two great ideas must be avoided: 1) you can put neutralizing drops in your coffee and continue drinking it unabated; and 2) you can neutralize for life in general. It doesn't work that way!

Neutralizing doses are balanced at "V" dilutions. These are very close in theory and practice to the concept of vaccines, and are frequently used in dealing with allergic responses. The practitioner may also find it beneficial to provide detoxifying support at "X" dilutions if the client is a long-time user. [Neutralization is most significant when dealing with allergies, which is the focus of Course 7.]

Decaffeinated Products

Decaffeinated products still has some small amount of caffeine in them. The clients should determine for themselves what their own response levels are. If homeopathic therapy has been effective, do symptoms recur with the consumption of decaffeinated beverages? How soon after drinking them does the therapy become effective again? This, of course, is "pushing the envelope" on the rules, and if possible it would be best to avoid these beverages altogether; but if push comes to shove, it's the better way to go. Better still is abstinence, from the perspective of removing toxins from the body. The choice and the responsibility always belong to the client.

Flavors and Odors

Strong odors and flavors can impede the effectiveness of homeopathics in that they can block sublingual absorption. The most important (as supported by decades of empirical evidence) are mint, menthol, eucalyptus and camphor. Both the taste and the smell of these substances can have an effect *if present at the time the remedy is taken*. Clinical evidence supports this as a corollary to the "nothing in the mouth" rule. If a client happens to use mint toothpaste, we DO NOT ADVOCATE that he stops brushing his teeth during the course of therapy (!). The drops need only that 30-minute window to be effective, as long as the taste and odor have been eliminated from the senses. Otherwise, absorption will be compromised to some degree. This holds true for other strong flavors and odors as well, such as paint fumes, petroleum products, and, yes, tobacco. Raw garlic should be avoided for at least one before and after taking any remedies. Within that time frame, it may be advantageous to kill two birds with one stone, and immediately follow the consumption of raw garlic with mint toothpaste.

Storage

Under the right conditions the energetic signal of homeopathic remedies can last almost indefinitely. Yet they are very fragile. They should be kept in a cool, dark place (not refrigerators), out of direct sunlight, and away from excessive heat for extended periods. How long is too long? This is difficult to assess. Most remedies come in dark glass bottles, which offer some protection from sunlight, but also absorb more



heat. A good rule of thumb is, if it's too hot for personal comfort, it's too hot for the remedy.

Remedies should not be stored directly on or in any metal container or electrical appliance. Due to variations in EMF output, they should be kept away from the immediate vicinity of electrical appliances, magnetic devices and any other source of electromagnetic energy. The most significant appliance in this respect is the microwave oven. Microwaves, like X-rays, are a serious aggravating energy. They are also rather impossible to avoid, being almost ubiquitous in our society today. So the most important thing to do is **act locally**. Microwaves travel farther and penetrate deeper than most people suspect. Not only that, but they travel along three axes—front to back, side to side and top to bottom. Remedies should not be stored in direct line with any of these axes anywhere in the house. Doors and walls offer little protection against the penetration of microwaves.

Though encountered less frequently, the intensity of X-rays can alter a homeopathic signal instantly. **Never allow remedies to pass through X-ray devices unless a lead shield protects them.** Metal detectors have not been shown to have any impact on homeopathics. When travelling, it is best to walk the remedies through a metal detector, have them passed around the X-ray by security personnel, or pack them temporarily in a lead-lined container, such as a film bag. Avoid storing the remedies in a lead container for prolonged periods; they should be used for X-ray purposes only.

Shake 'em Up and Wake 'em Up

There is some evidence that briefly succussing a liquid remedy (rapping on a hard surface or the palm of the hand a few times) before taking it will help “awaken” or reactivate the pattern of the wavelengths of light that are held by the liquid, particularly if it has been stored for a while. It has been suggested that re-succussing provides a better or stronger stimulus to the body. The evidence for this is not necessarily conclusive; traditional succussion is done with great firmness, and the hypothesis apparently has not been tested against remedies in pill form, or against liquid remedies in long-term storage. Still, there is nothing to lose in the maneuver.

Hybrid Homeopathics

Liquitrophics™ and Liquessences™ (the pre-prepared products of various manufacturers) are hybrid homeopathic/herbal combination formulas. They are not homeopathics in the pure sense, so the general rules are slightly different. The “nothing in the mouth” rule does not apply. Liquitrophics may be mixed with water or juice (preferably water), or taken straight, if so tolerated. They may be swallowed immediately rather than held under the tongue (a distinct advantage with liquitrophics). They can be combined together and taken all at once (another advantage); but if other homeopathic remedies are involved, the liquitrophics fall under the “nothing in the mouth” rule, and should be taken at least 15



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minutes apart from the other remedies. Certain liquitrophic formulas are lipid-based, containing fatty acids or fat-soluble B vitamins. Because they are hybrid products, they may (and should) be refrigerated to prevent spoilage.

The Right Dose

Classically speaking, the right dose is the minimum dose, both in terms of potency and frequency. Jayasuriya defines it as “the minimum quantity of the potentized homeopathic remedy which produces the least possible excitation of the vital force. It is sufficient to effect the necessary cure without normally causing an aggravation.” But while this refers to the *simillimum*, we would include combination formulas under that definition as well. Because of the highly individualized nature of homeopathy, there really are no set rules for “normal” dosage; there are only guidelines based upon clinical experience. A dose may range from one drop once, to seven drops three times a day, or more. Dosage can always be determined through “yes/no” testing, but the following “rules of thumb” may apply:

- As covered in Part 1, frequency is more important than quantity, which means that seven drops three times a day is more beneficial than 21 drops once a day. More often than not, the body needs a recurring stimulus to completely break free of an old pattern. One drop once a day may not get the job done, whereas one drop three times a day will.
- More is not necessarily better. If a body needs seven drops, ten drops will not expedite matters. Of course, it won't hurt either, but why waste it?
- Acute symptoms may require frequent dosing (every 15 minutes or as needed) until symptoms subside.
- As symptoms improve the dose can be reduced in frequency, and ultimately stopped altogether.

How Long Is Long, and When Is Enough?

Homeopathics are not pharmaceuticals and should not be treated as such. Homeopathic remedies are meant to stimulate, and through this action provide overall support to the organism. They are regenerative therapies, not replacement therapies. Their antihomotoxic action is ideally suited to restoring balance to the body's natural healing processes. They operate within the energetic cycles of the body, and once a cycle has shifted, the action of a remedy is complete; the body has adapted, and further stimulation by that particular remedy is unnecessary—in fact ineffective in terms of providing



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continued stimulation. It is important that homeopaths be allowed to work in their own way; but when that work is done, they must be allowed to retire!

Although homeopathy can be quick acting when addressing symptoms, most people will notice a change or significant difference within five to seven days. It can take from three to six weeks for certain energetic aspects of homeopaths (particularly with combination remedies, and especially if emotional issues are addressed) to complete the full cycle of adaptation within the body; and in many instances, a body must learn to adjust to this new kind of natural stimulus. Very often, someone who does not notice a change or response is probably not in total compliance with the protocol, either by “breaking the rules” or not making some necessary change to reduce other stress factors. A subtle but important factor to be aware of is that, in keeping with Hering’s Law, many people experiencing a homeopathic healing will “feel” good on a mental/emotional level even though their physical symptoms may be exacerbated.

Determining that the cycle is indeed complete requires a certain level of self-awareness, and a willingness to trust in the innate healing powers of the body. This in turn requires a willingness to “test life” without constant support from the remedies. It is important to allow the body to rest for a few days without any homeopathic stimulation, giving it the opportunity to acclimatize to life under its own power. Generally, one of two things will happen: 1) the body’s *status quo* will be maintained at a new energetic level, indicating that adaptation was successful and the current remedy may be discontinued; or 2) a relapse of symptoms will occur, indicating that the remedy has been effective but the adaptation cycle is not complete, and continued use of the same remedy should be re-evaluated. The resting period is important also from the standpoint of doing a bionetic evaluation, as discussed in BEP-1. Response time will vary from person to person, but in general frequent balances may not allow the body the time it needs to make the necessary adjustments to a therapy, which may skew results and effectiveness. Let the body do some work on its own, and just as importantly, give it *time*.

While the body will not build up a tolerance to homeopaths, relative to the *status quo*, there will come a point when a shift in energy will occur, and repeated stimulus from the same remedy will have no further benefit. This adaptation should not be confused with developing a tolerance, nor should the client take it as an indication that continued relief depends on *continuous* use. If in fact a new and improved energetic pattern has been established, it remains for the client to support that process. Hahnemann’s decree that permanent change could be affected through homeopathy is strongly challenged by the desire to chase symptoms only to the point of regaining a sense of normalcy, rather than all the way to restoring health. Homeopathy can be used to treat symptoms; but this application falls far short of its potential. Without considering the constitutional picture—without pursuing



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balance—homeopathy can become little more than a stop-gap measure; the victim of an incomplete protocol.

Prescription Drug Use

Homeopathic remedies have no known side effects or inhibiting effects when used in conjunction with prescription and over-the-counter drugs, and other treatments. On the other hand, it is possible for some drugs (notably cortisone and cortisone derivatives) to mask the full symptom picture, and to reduce the effectiveness of homeopathic remedies. This statement is presented here, and should be relayed to your clients, as **information only** and **under no circumstances is it to be misconstrued as medical advice! Always recommend that clients talk to their doctors about incorporating homeopathic therapy into their treatment. Never suggest to clients that they can or should stop taking prescription drugs!**

Cortisone and glucocorticoid derivatives (e.g., Prednisone™) are widely-used anti-inflammatory drugs that have been shown clinically to affect the body on two levels: 1) they can suppress the immune system to the extent that otherwise normal stress responses go unnoticed, leaving the person feeling neither symptoms nor the effects of therapy; and 2) their effectiveness is so pervasive throughout the organism that single-channel test results can be skewed significantly and falsely toward balance (multi-channel testing has largely resolved this problem). It can be like point testing through a rubber glove. The duration of cortisone therapy (short- vs. long-term) also determines the degree of masking. Benefits can still be had from doing homeopathic therapy while on cortisone; but chances are the client won't know it, and determining the right therapy through single-channel testing could be challenging.

"The Healing Crisis"

As mentioned in Course 3, while homeopathic remedies have proven to be safe and effective for hundreds of years, it is possible that they may initially intensify your current symptoms, or cause old symptoms to reappear. This initial aggravation of symptoms is often referred to as the "healing crisis", a very important expression of the body's normal detoxification process. Not everyone experiences a healing crisis, and the "crisis" is not necessarily intense. Hahnemann maintained that the practice of homeopathy could achieve a cure "mildly, rapidly, certainly and permanently". However the healing process manifests, the most important point for a client to understand is that it is a temporary but *necessary* step toward restoring balance. Necessary because it is the most effective natural means of detoxifying the body, and whenever possible should be allowed to run its full course. Still, the process can be demanding, creating a stressful and unwelcome situation that is often misunderstood—hence its solid association with the term "crisis".



According to Reckeweg:

“...it often appears...as if ‘the illness’ (i.e. the toxin which is at the root of the defense-reaction) were being chased around the body by the stimulative action of the remedy ‘like a hobgoblin’, until at last it finds the appropriate exit, the correct elimination-route for the particular toxin from which the whole disease process originated. This may be a suddenly-recurring eczema, a fistula, an abscess, an apparent cold, usually a reaction phase associated with secretions, and with its appearance, all the complaints usually finally disappear. Without a knowledge of homotoxicology, particularly of the shifts which occur from one homotoxic phase to another through the vicariation effect, such functions remain shrouded in biological darkness. Otherwise - and this may be attended by devastating consequences for the patient - they may be interpreted incorrectly, in which case [medications] may be applied...thus inactivating them by blocking the connective tissue, and so the detoxification is halted.” (Materia Medica, Vol. 1)

Whether the process is stopped voluntarily or involuntarily, it is often stopped prematurely. Successful detoxification depends on compliance—not so much with the “program” as with the natural forces of the body, which are much maligned and ignored in modern culture. In keeping with Hahnemann’s philosophy, and with a basic understanding of homotoxicology, the practitioner’s goal should be one of achieving balance and harmony in moderation—finding the right remedy and the right dosage that will stimulate the healing process, but not cause undue discomfort.

Antidoting

All of the substances to avoid listed previously can have a strong *inhibitory* effect on homeopathics. This is not necessarily the same as *antidoting*. Anything that has a strong stimulatory effect on the olfactory or taste senses can block the absorption of a sublingual remedy (at least partially), thus slowing the healing process. On the other hand, certain substances can cause a complete reversal of homeopathic action, sometimes almost immediately. The most common are caffeine, camphor and Nux vomica. Caffeine, especially in the form of coffee, is most often cited, not only for its effectiveness, but also for its ready availability. Sources vary as to whether strong or dilute coffee is best. In our experience, dilute coffee (about one teaspoon of prepared beverage mixed into one to two ounces of water) is not only effective, but also better tolerated. Camphor, if not available homeopathically, may be inhaled as an antidote as well. Nux vomica should be used only in its homeopathic form.

Antidoting would be recommended in the event of severe aggravation of symptoms. In *any* event, good judgment from both client and practitioner is required in deciding if and when to antidote. The tolerance level of the client must always be taken into consideration, as well as the chronology of the



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“crisis”. Typically, when symptoms are related to the taking of homeopathics, they will either first appear or get worse within two or three days of the initial dose. It is rare that symptoms arising after this time will be a direct result of the remedies. Intolerable situations may be antidoted quickly, and *will* be, if in fact homeopathics are involved. Another option for people of sturdier constitutions is to simply stop taking the remedies altogether. Any symptoms caused by them should disappear in a day or two. If symptoms do not subside, chances are the remedies are not a direct cause, and no harm should come from continuing to take them.

If a direct relationship between remedy and symptom is sufficiently established, it is recommended that once the aggravation has subsided, the client continue try taking the remedies at **half the original dose**. If symptoms recur, the dose may be cut in half again. In this manner the dose may be reduced to even less than one drop per day, and still be effective. Remember that the philosophy of the simillimum is to find the dose that will stimulate but not aggravate.

Pregnancy

It is required by law that homeopathic manufacturers label their products with a warning to consult a physician if pregnant or lactating. For the sake of your practice, do not disregard that warning on behalf of your clients! But also know that homeopathics are considered (by homeopaths, anyway) safe for pregnant women; they give support without creating side effects, and can strengthen the growing baby. One recipe that appears later in this course is actually designed to assist in labor and delivery.

Riding the Wave

When you begin working with computerized EAV devices, an important and very useful function is the ability to use homaccords through pre-programmed “waves”. For instance, a “3-wave” would include 3X, 6X, 12X, 30X, etc.; a 4-wave would be 4X, 8X and 15X. For the beginning practitioner, homaccords are something of a safety net, offering an efficient way to cover a lot of territory when trying to find an overall balancing potency. But “best balance” may not be contained within the wave pattern. That is, you may find that a 3- or 4-wave may bring reasonable balance, but not what you would consider optimal balance. If your equipment allows you to customize homaccords, you may be able to add to or subtract from the potencies to give the body more precisely what it needs. It may appear that the wave is not deep enough, or for that matter, shallow enough. Often the client’s health history and/or current symptomatology will provide clues as to which way to go. If, for example, a 3-wave moves a meridian in the right direction, but not far enough to be considered a good balance, you could add a higher potency (e.g., 400X) to see if balance improves. A 4-wave that seems marginally good for an acute situation may improve with the addition of a 2X. A 3-wave may appear over-stimulating, in which case you may remove some of the higher



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potencies from the sequence. Still another option on some equipment utilizes a variation on “yes/no” testing that allows you to narrow down the search through all dilutions by a streamlined process of elimination.

None of this, of course, should take the place of knowing your homeopathy. The use of computerized homaccords should not supercede your continuing education in the use of classical or even complex homeopathic remedies. You would do well to include testing for specific dilutions as part of your learning curve. The goal is always to match the remedy to the individual, and as your skill grows, you will be able to execute the process more efficiently. Wave potencies are a good place to start; for some it may be precisely what they need. For those who need something more (or less), your experience and your equipment will help you find optimal resonance.



RECIPE NOTES

The notes below pertain to the “Recipes” section to follow. Remember that other therapies can be included as part of a protocol. Nutritional and herbal therapies, avoidance and other dietary therapies may be employed. Some therapies will also benefit from the use of sarcodes and nosodes.

APPETITE SUPPRESSANT/WEIGHT LOSS--This is a recipe that actually works on suppressing the appetite and reducing cravings, as opposed to having any fat-metabolizing or thermogenic action. In this respect, it helps the body to lose weight on its own, naturally. Weight loss is tested on the cellular metabolism point (OR-SMP) and LI-CMP. This particular recipe must balance on both points. If *Thyroidinum* is used as part of the recipe, the endocrine meridian can also be tested, but this is not really necessary.

BLADDER INFECTION--Bladder infection is generally caused by something irritating the bladder. Pathogenic yeast and bacterial involvement are common causative agents (**don't diagnose!**). There may also be kidney involvement.

CANKER SORES--Test on the LY-CMP while the client localizes above or below the lip, depending on the site of the sore. Canker sores often have remote origins, such as a dysbiosis of the bowel, that need to be addressed.

CAT SCRATCH-- Cat scratch fever occurs in many people. There can be a fever and other flu-like symptoms, accompanied by swelling and irritation of the scratch itself. This recipe contains the feline leukemia viral nosode, and well as *Hypericum*, which is well known homeopathically for its effectiveness against tetanus and lockjaw. Cat scratch is tested primarily on the LY-CMP, but it can also be tested on the organ degeneration and allergy meridians at the same time to determine the most significant drop.

COLD SORES/FEVER BLISTERS--Viral nosodes are important to this formula, especially *Herpes simplex*. Timing is also important for its success. If applied right at the onset of symptoms, they can be eliminated completely and rapidly. In some cases they won't even form. Even if not caught right away, their duration can be greatly reduced, disappearing within two or three days. Cold sores are tested on the LY-CMP.

CROUP--This recipe works on the barking cough, sore throat and irritation associated with croup. It works best if administered at the onset of coughing. Test on the LY- and LU-CMPs.

DENTAL DRAINAGE--Dental drainage is connected to lymph drainage, and is therefore tested on the jaw



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drainage point of the lymph meridian. Some applications are: gum irritation or inflammation, sore teeth, abscesses, surgical removal of a tooth, any head or facial injury that involves trauma to the jaw, any time tooth involvement is apparent, and whenever the body is trying to eliminate some form of toxicity from the jaw. It is also helpful in opening the lymphatic process, especially if the cervical or sentinel nodes or pharyngeal ring are involved. An important component of this recipe is *Hekla lava*. By itself, Hekla lava is capable of clearing up a jaw abscess.



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DENTAL EXTRACTIONS—Although the dental drainage recipe could be used here, this recipe is specific for dealing with acute responses to dental extractions. Dosage is tested on the jaw drainage point of the lymph meridian. A homaccord will work well in lieu of determining the specific dilution. Both dental formulas in combination as an acute-wave homaccord can be administered every 15 minutes after the extraction has occurred. Using these in combination will promote healing, reduced swelling, eliminate absorption of the anesthetic, and reduce bleeding.

EAR INFECTIONS—Increased mucus production is often associated with some kind of food allergy, frequently dairy-related. Ear infections often result if mucus drainage becomes blocked. It is possible, from the perspective of prevention, that the application of mucus dissolving and ear infection recipes in a timely manner can preclude the use of antibiotics. This recipe is best applied to an acute problem on recent onset.

When fluids build up behind the ear, the eustachian tube may become blocked, creating a hospitable environment for bacterial growth, which subsequently contributes to the pressure and irritation. All too often, antibiotics become necessary at that point. The bacterial issue, relative to eustachian tube blockage, must be addressed; otherwise this recipe, or antibiotics, will become routine.

Testing is best done on the **ear drainage point** (LY-SMP; not previously referenced), but can be done on the LY-CMP. If time and/or temperament do not permit a full balance, a 3X/6X dose is very useful. Adding the nosode for acute bacterial otitis media to the formula is also helpful. Balance is more important than identifying the source of imbalance, but remember—use of this (or any other) formula for ear infections **does not constitute a diagnosis and should not preclude professional medical treatment.**

MORNING SICKNESS--Morning sickness is tested primarily on the stomach meridian. It should also be tested on the large and small intestine meridians, pancreas meridian, and on some people the cellular metabolism point (OR-SMP). A homaccord preparation would be appropriate.

MUCUS DRAINAGE--Mucus drainage is tested on the ear drainage point (LY-SMP). It includes the nosode for lymph nodes. It thins the mucus and slows production, and also helps reduce mucus in the bowel. It is important to add a lot of water to your diet when taking this formula. The two work together to liquefy and eliminate mucus.

PARASITES—Parasites can be found virtually anywhere in the body, and parasitic stress can be tested against any meridian where their influence is suspected. They are most common in the intestines and



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frequently in the rectouterine pouch, or Douglas' pouch, a sac-like fold in the peritoneum located between the uterus and the rectum. (In males, a similar peritoneal fold is found between the rectum and the urinary bladder.) This region can be tested for both men and women by using an acupoint located on the palm side of the hand at the base of the little finger, adjacent to the heart meridian. It is located atop the neck of the third knuckle, just below the crease in the skin separating the finger from the palm. (Note that even though the point appears to be along the heart meridian, it actually is associated with what is known as a "secondary vessel", or subsystem, of the main meridians. Many secondary vessel points representing specific areas and processes of the body may be found in the Voll Point Location Guide, but will not be covered in detail in BnP-II.)

PRE-DELIVERY, THIRD TRIMESTER--This recipe should be used in the third trimester of pregnancy and just prior to delivery. Verification of the effectiveness of this formula has been difficult, due to the highly subjective experiential nature of the test conditions, but the results have been positive, the most common being shorter, easier labors. Balance this formula on both endocrine CMP and cellular metabolism point.

PRE-/POST-OPERATIVE SURGERY--This recipe enhances recovery, reduces the impact of anesthesia and trauma to the body, and helps promote overall healing. It can be tested on the cellular metabolism point, but testing is not really necessary for this remedy. A homaccord is sufficient. A dose should be taken just before going into the hospital, then administered every few minutes once out of recovery.

SINUS INFECTION—Tested on the jaw drainage point of the lymph meridian. Be sure to include the nosodes. This recipe can be used alone, but often there are other factors aggravating the sinuses that should be addressed.

STRESS ("MOTHER OF THE BRIDE")—This is an excellent calming and relaxing recipe. It is tested on the **emotional stress** point (not previously referenced), which is the SMP of the central nervous system meridian. This recipe is good for inducing "restful wakefulness"; it is calming but not sedating, and will not impair any cognitive functions. It allows you to sleep when you're ready. If a client will not calm down enough for testing, an "acute-wave" homaccord (3X/6X/30X/200X) will probably work just fine.

WARTS—Warts are tested on the OR-CMP. Balancing for *Verruca*, the viral nosode for warts, is important.

RECIPES



Homeopathy Part 2 of 2

The following section is a quick reference guide to some homeopathic “recipes” that research and our own clinical experience have found to be effective. These formulas are not patented or copyrighted. We have found that all of the ingredients listed in each formula work well together; however, since ongoing work continues to refine this information, these recipes are given only as guidelines for you to customize and improve upon through your own clinical experience. While we do not consider these to be “shotgun” formulas, they are broad-spectrum. As the individualized approach of EAV does not always blend well with “generic” formulas, we encourage you to take full advantage of your knowledge and resources in manipulating the recipes to meet the specific needs of your clients.

Phazx SpectraVision™ owners: please note that while these recipes do not necessarily match the pre-programmed recipes, all of the substances are available as single frequencies for you to create your own custom recipes as needed.

Most of the substances in each recipe can be found in a good quality materia medica. Some substances, such as those listed in the “All-Purpose Allergy” formula, are described elsewhere in the course materials. These may not yet have been incorporated into standard homeopathic practice today, but our own research has shown them to have an increasingly relevant role to play in the stimulation of detoxification processes.



ADRENAL REGENERATION

Abies nigra
Adrenal cortex
Carbo vegetabilis
Causticum
Coffea cruda
Mesencephalon
Mesenchyme
Suprarenal gland
Veratrum album

ALERTNESS

Arsenicum iodatum
Calcarea phosphorica
Cerebrum
Ignatia amara
Kali phosphoricum
Lycopodium clavatum
Psorinum
Selenium metallicum
Silicea
Staphysagria

ALLERGY

Acidum formicum
Antimonium crudum
Arnica montana
Arsenicum album
Embryo bovinum
Graphites
Histaminum
Ignatia amara
Lappa major
Ledum palustre
Lycopodium clavatum

Pix liquida
Psorinum
Selenium metallicum
Sulphur
Tellurium metallicum
Thuja occidentalis

ALLERGY, ALL-PURPOSE

Acetaldehyde
Acetylcholine chloride
Alternaria tenuis (mold)
Apiol (phenolic)
Aspergillus fumigatus (fungus)
Caffeic acid (phenolic)
Candida albicans (fungus)
Cephalosporium (mold)
Chlorogenic acid (phenolic)
Cinnamic acid (phenolic)
Coniferyl alcohol (phenolic)
Dopamine (phenolic)
Epidermophyton (fungus)
Estrogen
Formaldehyde solution
GABA
Gallic acid (phenolic)
Histamine
Indole (phenolic)
L-Dopa (phenolic)
Malvin (phenolic)
Mannan (phenolic)
Menadione (phenolic)
Norepinephrine
Octopamine (phenolic)
Petroleum
Phenylalanine



Homeopathy Part 2 of 2

Phenylisothiocyanate
Phloridzinum
Piperine (phenolic)
Progesterone
Pyrrole (phenolic)
Quercetin
Rinkel molds A, B, C
Rutin
Salsolinol (phenolic)
Serotonin
Taurine
Trichophyton (fungus)
Tobacco, tobacco smoke

APPETITE SUPPRESSANT/WEIGHT LOSS

Calcarea carbonica
Capsicum
Ferrum metallicum
Graphites
Natrum sulphuricum
Pulsatilla nigricans
Thyroidinum

ARTHRITIS

Arnica montana
Berberis vulgaris
Bryonia
Cartilago bovinum
Causticum
Colchicum autumnale
Colocynthis
Dulcamara
Ferrum phosphoricum
Lithium benzoicum
Lycopodium clavatum
Medorrhinum

Ranunculus bulbosus
Rhododendron chrysanthemum
Rhus toxicodendron
Sulphur

ASTHMA

Carbo vegetabilis
Psorinum
Sulphur

BEDWETTING

Argentum nitricum
Belladonna
Causticum
Equisetum arvense, hyemale
Ignatia amara
Kreosotum
Plantago major
Pulsatilla nigricans
Senecio aureus
Sarsaparilla
Sepia (Cuttlefish ink)
Silicea

BILE REGENERATION

Abies nigra
Ferrum phosphoricum
Juniperus communis
Viscum album

BIOLOGICAL AGE

Biological Ages 10-100

BLADDER INFECTION

Acidum nitricum

●●● TOOLS FOR WELLNESS

HEALTH &
HARMONY
PRODUCTS



Homeopathy Part 2 of 2

Apis mellifica
Argentum nitricum
Belladonna
Berberis aquifolium
Berberis vulgaris
Bladder bilharziosis
Bladder cystitis
Bladder papilloma
Bladder polyp
Bladder TBC (nosodes—tuberculinum,
baccilinum, cantharis)
Cantharis (Spanish fly)
Causticum
Equisetum arvense
Mercurius solubilis
Nosodes—Bacterial yeast, Kidney
Nux vomica
Pulsatilla nigricans
Sarsaparilla
Terebinthina oleum

BLEEDING, MINOR

Aceticum acidum
Arnica montana
Bovista
Crocus sativus
Crotalus horridus
Erigeron canadensis
Hamamelis virginiana
Ipecacuanha

Millefolium achillea
Phosphorus
Thlaspi bursa pastoris

BONE PAIN, HEALING

Aranea diadema
Asa foetida
Aurum metallicum
Hekla lava
Kalmia latifolia
Lycopodium clavatum
Mercurius
Natrum sulphuricum

BRAIN

Aconitum napellus
Aesculus hippocastanum
Ambra grisea
Anacardium orientale
Arnica montana
Cerebellum
Cinchona officinalis
Cocculus indicus
Conium maculatum
Gelsemium sempervirens
Hyoscyamus niger
Ignatia amara
Kali bichromicum
Kali phosphoricum
Leusinum
Magnesium phosphorica
Methionine methyl
Phosphoricum
Ruta graveolens
Selenium



Homeopathy Part 2 of 2

Thuja occidentalis

BRONCHITIS

Antimonium tartaricum
Belladonna
Bryonia
Hepatica triloba
Hyoscyamus niger
Ipecacuanha
Kreosotum
Lobelia inflata
Pertussinum
Sticta pulmonaria

BURNS

Arnica montana
Cantharis
Calendula officinalis
Hypericum perforatum
Urtica urens

CANKER SORES

Acidum nitricum
Acidum sulphuricum
Antimonium crudum
Argentum metallicum
Borax
Echinacea
Kali chloricum
Mercurius
Natrum muriaticum

CAT SCRATCH

Cantharis
Croton tiglium

Hypericum perforatum
Nosode—Feline Leukemia virus & vaccine
Pyrogenium
Typhinum

CATALYST

Acidum α -ketoglutaricum (phenolic)
Acidum cis-aceticum
Acidum citricum
Acidum fumaricum
Acidum glutaminicum
Acidum malonicum
Acidum nicotinicum
Acidum succinicum
Acidum thiocticum
Adenosine triphosphate (ATP)
Baryta oxalsuccinicum
Beta vulgaris
Cerium oxalicum
Coenzyme A dehydrogenase
Cysteinum
Hepar sulphuris calcareum
Magnesium phosphorica
Manganum gluconicum
NAD
Natrum oxalicum
Natrum pyruvicum
Niacinamide
Pulsatilla nigricans
Sulphur
Vitamins B1, B2, B6, B12, C

CATALYST, CARBO

Carbo animalis
Carbo vegetabilis

● ● ● TOOLS FOR WELLNESS

HEALTH &
HARMONY
PRODUCTS



Carbolicum acidum
Carboneum hydrogenisatum
Carboneum oxygenisatum
Carboneum sulphuratum

CATALYST, OLIGO

Acidum fumaricum
Acidum glutaminicum
Acidum oxalicum
Acidum phosphoricum
Acidum pyruvicum
Acidum succinicum
Adenosine triphosphate (ATP)
Cobalt
Cuprum metallicum
Germanium
Aurum metallicum
Magnesium
Manganese
Niccolum metallicum
Argentum metallicum
Zincum metallicum

CELLULAR COMMUNICATION

Acidum asparagicum
Acidum glutaminicum
Adenosine triphosphate
Glutamine
NADase
NADH
Neuraminadase
Disaccharide—Lactose
Disaccharide—Maltose
Disaccharide—Sucrose
Polysaccharide—Amylopectin

Polysaccharide—Amylose
Polysaccharide—Fucose
Polysaccharide—Galactose
Polysaccharide—Ga1NAc
Polysaccharide—G1cNAc
Polysaccharide—Mannose
Polysaccharide—NeuAc
Prostaglandin
Prostaglandin—PG1
Prostaglandin—PG2
Prostaglandin—PG3
(continued)
Tetrahydronaphthalene
Ubichinon (Ubiquinone/Coenzyme Q)

CHEMICALS

Asclepias tuberosa
Hydrastis canadensis
Lobelia inflata
Rumex crispus

CHEST MUSCLE SORENESS

Arsenicum iodatum
Asclepias tuberosa
Bryonia
Colocynthis
Dulcamara
Kali carbonicum
Natrum sulphuricum
Ranunculus bulbosus
Sticta pulmonaria



Homeopathy Part 2 of 2

Sulphur

CHRONIC FATIGUE SYNDROME

Argentum metallicum
Chelidonium majus
Echinacea
Ferrum metallicum
Ferrum phosphoricum
Pancreas
Quercus glandium spiritus
Sepia
Spongia tosta
Sulphur
Taraxacum officinale

CIRCULATION

Arnica montana
Artery, middle cerebral
Aurum iodatum
Baryta iodata
Kali phosphoricum
Lycopodium clavatum
Medorrhinum
Rauwolfia serpentina
Stramonium
Sulphur

COENZYME

Acidum citricum
Acidum fumaricum
Acidum glutaminicum
Acidum malonicum
Acidum succinicum
Adenosine triphosphate
Cysteine
Hepar sulphuris calcareum

Luteinizing Hormone (LH)

Sulphur
Vitamins A, C

COLDS

Pulsatilla nigricans
Sulphur
Vincetoxicum

COLD SORES

Arsenicum album
Dulcamara
Graphites
Hepar sulphuris calcareum
Natrum muriaticum
Nosode—Herpes simplex, zoster & progenerialis
Petroleum
Rhus toxicodendron

COLIC

Acetaldehyde
Acetylcholine chloride
Carbo vegetabilis
Gallicum acidum
Quercitin
Rutin

CONJUNCTIVITIS

Candida albicans
Euphorbium officinarum
Nosode—Conjunctivitis

CONSTIPATION

Natrum muriaticum
Papaver dubium

● ● ● TOOLS FOR WELLNESS

HEALTH &
HARMONY
PRODUCTS



Homeopathy Part 2 of 2

Dioscorea villosa

COUGH

Antimonium tartaricum

Arsenicum iodatum

Belladonna

Blatta orientalis

Ephedra vulgaris

Hepatica triloba

Illicium anisatum

Ipecacuanha

Lobelia inflata

Medorrhinum

Naphthalinum

Natrum sulphuricum

Quebracho

Stachys betonica

CROUP COUGH

Aconitum napellus

Belladonna

Coccus cacti (Cochineal shield-louse)

Drosera rotundifolia

Hepar sulphuris calcareum

Ipecacuanha

Phosphorus

Spongia tosta (Roasted sponge)

DEGENERATIVE CONDITIONS, CHRONIC

Acidum nitricum

Apis mellifica (Honeybee)

Argentum nitricum

Arsenicum metallicum

Aurum metallicum

Birch, mixed

Calcarea fluorica

Calcarea phosphorica

Caltha palustris

Carcinoma

Clematis erecta

Echinacea rudbeckia

Equisetum

Ferrum iodatum

Galium aparine

Gentiana lutea

Geranium maculatum

Juglans cinerea

Juniperus communis

Myosotis arvensis

Natrum sulphuricum

Ononis spinosa

Phosphorus

Pinus sylvestris

Pyrogenium

Saponaria officinalis

Sarsaparilla

Scrophularia nodosa

Sedum acre

Sempervivum tectorum

Teucrium marum

Thuja occidentalis

Urtica urens

DENTAL EXTRACTION

Acidum fluoricum

Hepar sulphuris calcareum

Ruta graveolens

Symphytum officinale

● ● ● TOOLS FOR WELLNESS

HEALTH &
HARMONY
PRODUCTS



DENTAL (LYMPH) DRAINAGE

Apis mellifica
Belladonna
Crotalus horridus
Hekla lava
(continued)
Lachesis (Bushmaster snake)
Mercurius solubilis
Silicea

DIARRHEA

Aloe socotrina
Arsenicum album
Carbo vegetabilis
Colocynthis
Cuprum aceticum
Dysenterinum
Ferrum phosphoricum
Mercurius corrosivus
Podophyllum peltatum
Tormentilla (Potentilla)
Veratrum album

DIZZINESS

Ambra grisea
Cerebellum
Cocculus indicus
Conium maculatum
Petroleum

EAR INFECTION

Aconitum napellus
Belladonna

Capsicum annuum
Chamomilla matricaria
Ferrum phosphoricum
Hepar sulphuris calcareum
Kali chloricum
Kali muriaticum
Lycopodium clavatum
Magnesium phosphoricum
Mercurius solubilis
Nosode—Acute bacterial Otitis media
Plantago major
Pulsatilla nigricans
Silicea

EPILEPSY

Belladonna
Bufo (toad)
Cuprum metallicum
Indigo
Magnesia phosphorica
Pulsatilla nigricans
Serotonin
Silicea
Thalamus
Zinc

EXHAUSTION

Cinchona officinalis
Cocculus indicus

EYE

Aethiops mercurialis
Apis mellifica
Belladonna
Corpus vitreum



Homeopathy Part 2 of 2

Euphorbium officinarum
Euphrasia officinalis
Graphites
Kalmia latifolia
Rhus toxicodendron
Staphysagria

FATIGUE / WEAKNESS

Causticum
Gelsemium sempervirens
Plumbum metallicum

FLU

Aconitum napellus
Bryonia
Eupatorium perfoliatum
Influenzinum
Ipecacuanha
Lachesis
Mercurius corrosivus
(continued)
Phosphorus
Pulsatilla nigricans
Sulphur

FUNGI (comb. With Molds/Yeast)

Argentum metallicum
Baptisia confusa
Garlic
Ruta graveolens

GALLBLADDER

Belladonna
Chelidonium majus

HAYFEVER

Aesculus hippocastanum
Antimonium tartaricum
Cimicifuga racemosa
Colocynthis
Gnaphalium polycephalum
Kali carbonicum
Nux vomica
Pulsatilla nigricans
Rhus toxicodendron
Viscum album

HEADACHE, MIGRAINE

Aceticum acidum
Aranea diadema
Arsenicum album
Asa foetida
Bryonia alba
Calcarea phosphorica
Carbo vegetabilis
Condurango
Kalmia latifolia
Lycopodium clavata
Natrum sulphuricum
Mercurialis perennis
Phosphoricum acidum
Pulsatilla nigricans
Secale cornutum
Silicea
Strychninum
Uranium nitricum

HEADACHE, STRESS & TENSION

Cimicifuga racemosa
Gelsemium sempervirens



Rhus toxicodendron

HEART FLUTTERS / ANGINA

Arnica montana
Cactus grandiflorus
Crataegus oxyacantha
Gelsemium sempervirens
Glonoinum (nitroglycerine)
Graphites
Kali carbonicum
Lachesis
Propolis
Ranunculus bulbosus
Spigelia anthelmia
Staphysagria
Sulphur

INDIGESTION, INTESTINAL

Chinhydrin
Cynara scolymus
Galium aparine
Hepar bovinum
Leptandra virginica
Lycopodium clavatum
Niccolum metallicum
Phosphorus
Sulphur

INDIGESTION, STOMACH

Antimonium crudum
Argentum nitricum
Arsenicum album
(continued)
Carbo vegetabilis
Natrum phosphoricum

Nux vomica
Pulsatilla nigricans

INFLAMMATION

Argentum metallicum
Argentum nitricum
Arnica montana
Arsenicum album
Belladonna
Bryonia
Dulcamara
Echinacea rudbeckia
Hepar sulphuris calcareum
Lachesis
Mercurius solubilis
Nosode--Influenzinum
Phytolacca decandra
Pulsatilla nigricans
Rhus toxicodendron
Staphylococcinum
Streptococcinum
Thuja occidentalis

INTESTINAL STRESS

Bryonia
Colocynthis
Lycopodium clavatum
Mercurius
Nux vomica
Sulphur

KIDNEY REGENERATION

Argentum metallicum
Berberis vulgaris
Camphora officinarum



Testosterone

KIDNEY STRESS

Acidum citricum
Acidum nitricum
Arsenicum album
Berberis vulgaris
Cantharis
Hepar sulphuris calcareum
Lapis renalis
Mercurius solubilis
Ren bovinum
Solidago virga aurea

LARGE INTESTINE

Calcarea fluorica
Carbo vegetabilis
Silicea
Testosterone

LIVER REGENERATION

Chamomilla matricaria
Lycopodium clavatum
Nux vomica
Phosphorus

LIVER RELIEF

Causticum
Graphites
Hepar sulphuris calcareum
Mesencephalon
Mesenchyme

LUNG REGENERATION

Kali bichromicum

Phosphorus
Podophyllum peltatum
Progesterone
Staphysagria

LYMPH REGENERATION

Ammonium muriaticum
Baptisia confusa
Colchicum autumnale
Juniperus communis
Podophyllum peltatum
Rhus toxicodendron
Thyroid

LYMPHATIC STRESS

Aranea diadema
Calcarea phosphorica
Equisetum hyemale
Ferrum iodatum
Fumaria officinalis
Gentiana lutea
Geranium robertianum
Glandula thyroidea
Juglans regia
Myosotis arvensis
Nasturtium aquaticum
Natrum sulphuricum
Pinus sylvestris
Sarsaparilla
Teucrium scorodonia
Tuberculinum
Variolinum



Homeopathy Part 2 of 2

Veronica beccabunga
Vaccinium

MENOPAUSE / PMS

Agnus castus
Ambra grisea
Ammonium benzoicum
Apis mellifica
Calcarea carbonica
Cimicifuga racemosa
Cocculus indicus
Estriol
Estrone
Follicle Stimulating Hormone (FSH)
Glucagon
Helonias chamaelirium
Hypericum perforatum
Insulin
Kali carbonicum
Lachesis
Luteinizing Hormone (LH)
Lilium tigrinum
Melilotus officinalis
Naja tripudians (Cobra venom)
Oophorinum
Palladium
Phosphorus
Platina metallicum
Progesterone
Pulsatilla nigricans
Sanguinaria canadensis
Sepia
Sulphur
Urtica urens
Vespa crabro

Viburnum opulus

MOLDS / YEAST (comb. With Fungi)

Alternaria tenuis
Aspergillus niger
Candida albicans
Epidermophyton floccosum
Hormodendron cladonia
Rinkel molds
Trichophyton verrucosum

MORNING SICKNESS

Amygdalus persica
Cerium oxalicum
Cimicifuga racemosa
Cocculus indicus
Cucurbita pepo
Gossypium herbaceum
Ipecacuanha
Lobelia inflata
Nux vomica
(continued)
Pulsatilla nigricans
Symphoricarpos racemosa

MOSQUITO TOX

Apis mellifica
Arnica montana
Culex musca

●●● TOOLS FOR WELLNESS

HEALTH &
HARMONY
PRODUCTS



Curare
Hypericum perforatum
Kali phosphoricum
Psorinum

MUCUS DISSOLVER

Equisetum arvense
Eucalyptus globulus
Lobelia inflata
Lobelia purpurascens
Lymph nodes
Nosode--Lymph
Plantago major
Urtica dioica
Vinca minor

ORGAN CLEANSE

Allium cepa
Allium sativum
Ambrosia
Berberis vulgaris
Chelidonium majus
Collinsonia canadensis
Cynara scolymus
Petroselinum
Trifolium pratense

PAIN, GENERAL

Aconitum napellus
Apis mellifica
Arnica montana
Fluoricum acidum
Ruta graveolens
Silicea
Symphytum

PANCREAS REGENERATION

Calcarea phosphorica
Cinchona officinalis
Crocus sativa
Phosphorus
Viscum album

PANCREATIC STRESS

Carbo vegetabilis
Ceanothus americanus
Lachesis
Leptandra virginica
Lycopodium clavatum
Mercurius iodatus flavus
Momordica balsamina
Pancreatinum
Podophyllum peltatum

PARASITES

Artemesia vulgaris
Cascara sagrada
Cinchona officinalis
Juglans nigra
Mercurius solubilis

PHYSICAL PAIN / INJURY

Aconitum napellus
Arnica montana
Belladonna
Bellis perennis
Calendula officinalis
Chamomilla matricaria



Homeopathy Part 2 of 2

Echinacea
Hamamelis virginica
Hepar sulphuris calcareum
Hypericum perforatum
Mercurius solubilis
Millefolium
Symphytum officinale

PITUITARY REGENERATION

Ammonium carbonicum
Crocus sativus
Ignatia amara
Magnesium phosphorica
Nux vomica
Veratrum album

PRE- AND POST-OPERATIVE SURGERY

Arnica montana
Calcarea carbonica
Corticosterone
Hypericum perforatum
Ruta graveolens
Silicea
Symphytum officinale

PRE-DELIVERY, THIRD TRIMESTER

Acidum phosphoricum
Acidum picricum
Agnus castus
Anacardium orientale
Bellis perennis
Calcarea carbonica
Cinchona officinalis

Conium maculatum
Dioscorea villosa
Kali bromatum
Nux vomica
Staphysagria
Stigmata maydis
Sulphur

PROSTATE STRESS

Acidum succinicum
Chimaphila umbellata
Conium maculatum
Hepar sulphuris calcareum
Kreosotum
Petroselinum sativum
Populus tremuloides
Sabal serrulata

SCAR

Acidum nitricum
Thuja occidentalis
Graphites
Alumina
Aconitum napellus
Silicea
Calcarea phosphorica
Arnica montana
X-rays

SEXUAL DYSFUNCTION, MALE

Acidum picricum
Agnus castus
Cinchona officinalis
Lycopodium clavatum
Orchitinum
Petroselinum sativum

● ● ● TOOLS FOR WELLNESS

HEALTH &
HARMONY
PRODUCTS



Sepia

SINUS INFECTION

- Cinnabaris
- Euphorbium officinarum
- Hydrastis canadensis
- Kali bichromicum
- Pulsatilla nigricans
- Phosphorus
- Thuja occidentalis

SKIN DISORDERS

- Acidum hydrofluoricum
- Arsenicum album
- Graphites
- Hepar bovinum
- Kreosotum
- Lycopodium clavatum
- Petroleum
- Rhus toxicodendron
- Sepia
- Sulphur

SMALL INTESTINE REGENERATION

- Ammonium muriaticum
- Bryonia
- Calcarea fluorica
- Calendula officinalis
- Colocynthis
- Magnesium phosphorica

SPLEEN REGENERATION

- Ceanothus americanus
- Fucus vesiculosus

- Podophyllum peltatum
- Sepia
- Testosterone

STOMACH REGENERATION

- Belladonna
- Calcarea phosphorica
- Graphites
- Ipecacuanha
- Testosterone
- Veratrum album
- Viscum album

STRESS—“MOTHER OF THE BRIDE”

- Arsenicum album
- Chamomilla matricaria
- Cimicifuga racemosa
- Coffea cruda
- Crataegus oxyacantha
- Humulus lupulus
- Hyoscyamus niger
- Ignatia amara
- Moschus (musk)
- Nux vomica
- Passiflora incarnata
- Rhus toxicodendron
- Sepia
- Silicea
- Sulphur
- Valeriana officinalis
- Veratrum album

STRESS—“THERAPIST”

- ACTH
- Adrenal cortex



Adrenalinum
Beet sugar
Caffeic acid
Coffea cruda
Corticosterone
Epinephrine
Norepinephrine
Saccharum officinale
Suprarenal gland

TEETH

Argentum metallic
Gangrenous pulpa
Nosode—Chronic pulpitis
Pulpitis, acute
Stainless steel pins

THROAT IRRITATION

Argentum nitricum
Arnica montana
Arum triphyllum
Calcarea carbonica
Carbo vegetabilis
Causticum
Hyoscyamus niger
Paris quadrifolia
Phosphorus
Verbascum thapsus

THYMUS REGENERATION

Hypothalamus
Thymus gland
Thymus gland extract

THYROID REGENERATION

Ammonium carbonicum
Camphora officinarum
Crotalus horridus (Rattlesnake venom)
Fucus vesiculosus
Iodum
Kali phosphoricum
Placenta

VIRAL MYALGIA

Antimonium crudum
Crotalus horridus
Lycopodium clavatum
Viscum album

WARTS

Acidum nitricum
Antimonium crudum
Causticum
Dulcamara
Thuja occidentalis
Verruca sabina (Nosode—warts)