Homeopathy
Pep Course IV Introduction to Homeopathy Part 2

The combination of EAV and vibrational therapies, particularly homeopathy, may seem like a natural course of action for those who are open to and willing to participate in an alternative approach to health and wellness. For the many that are unfamiliar with the concept, it is not so matter-of-fact. The simple question, “What can this do for me?” is asked often. Finding a routine answer that applies to everyone’s level of understanding is not so simple. Basically, EAV and homeopathy together facilitate optimizing the body’s innate capacity to heal itself (optimum, being a relative term, does not refer here to the elimination of all symptoms and conditions, but to the body doing the best it can with what it has). This is done by re-establishing balance through the meridians. Balance is reestablished through homeopathic repatterning—providing a natural stimulus to the body to reawaken stagnant processes and realign them to perform as a whole, fully-functioning unit.

The expression “healthy balance” is quite commonplace, but balance itself is not health. EAV/homeopathy helps to get rid of the “excess baggage” that tips the scales, and a person may feel much better for the reduction and redistribution of weight; but this is not health. This is stress management. Balance is a gateway to health. It represents the point of maximum opportunity for healing. The longer we maintain balance, the better the odds and the greater the opportunity to restore true health. EAV and homeopathy, like map and compass, is a perfect combination of indispensable tools—unless you’re not going anywhere.

As with any therapy, compliance is a key factor in getting optimum results. Likewise, optimum results go a long way toward supporting compliance. The circle of compliance and results is held together by some general rules for taking homeopathic remedies. Some of these rules have been touched already upon already in Course 3. In this course we will go over some of the basic ground rules for the optimal utilization of homeopathy, and provide some homeopathic “recipes” for common problems that can be employed by beginning and advanced practitioners alike. Not a rule, but a word of advice, is always make sure the client understands that the practice of EAV/homeopathy does not treat symptoms, but balances the body. Symptoms are the normal pathway for the body to eliminate toxins, and an expression of detoxifying symptoms is sometimes necessary for the body to restore health.

As implied in Part 1 you almost can’t have too many books on homeopathy in your library. This and the previous course give you a good foundation from which to build your understanding. Supplemental reading for Course 4 includes:

A Complete Course On Clinical Homeopathy—Chapters 11, 23, 24; review 10
Homeopathy Part 2 of 2

The Complete Book of Homeopathy—Chapter 4

Vibrational Medicine—Chapter 6

Related reading:

Cross Currents—Chapters 4 & 5
Rules of Administration

NOTHING IN THE MOUTH!
Most homeopathic remedies are taken orally (some also come in the form of suppositories), and come in either tablet or liquid form. Both tablets and drops are administered sublingually. When taking any homeopathic remedies orally, the first consideration is not to have any other substance in the mouth that might interfere with the absorption and action of the remedy. Therefore it is best to keep the mouth completely clear of everything—food, beverages, dental and oral hygiene products, hard candy and lozenges, fingers—everything for at least 15 minutes before and after taking the remedy. It is recommended that even water be avoided, although there is some clinical evidence that this restriction is not absolutely necessary. It usually works to associate homeopathics with a “between meals” policy. When taking them more often than once a day, a good rule of thumb would be to take them first upon arising, then three hours apart thereafter.

When taking multiple remedies, the greatest benefit seems to come from taking them singly—that is, one at a time, spacing them apart by about a minute or so, and holding each under the tongue for at least ten seconds before swallowing (tablets should be allowed to dissolve completely under the tongue). However, experimentation has shown that taking the remedies all at once has positive results also. This is a relatively minor issue; the most important thing is to get the remedy into the system one way or another.

An alternative to the sublingual method, if dental surgery or some other from of trauma precludes taking the remedy by mouth, drops may be applied topically to the palm side of the wrist, or the inside of the elbow. Absorption is slower, but effective nonetheless.

An exception to the 15-minute rule is made for individuals who are somewhat sensitive to the alcohol base of pre-prepared remedies. Most homeopathics are made with a non-allergenic type of alcohol that is absorbed, accepted and tolerated by the body. But when alcohol is a problem, the user can put the drops in about one or two ounces of warm spring water or purified water (<120°F), allowing the alcohol to dissipate as the water cools, then sipping the water over several minutes. “Purified” water should be at least chlorine-free, and as free of toxins as possible (distilled water, which is virtually “dead” water, should be used only as a last option).

CAFFEINE & NICOTINE!
The second consideration is the avoidance of caffeine and products that contain caffeine—meaning coffee, chocolate, sodas, etc. To a lesser extent, but even more significant for other health reasons, is the...
avoidance of nicotine—meaning all tobacco products. For some, “no caffeine, no tobacco” means nothing short of a starvation diet; however, this more than any other deviation from the rules will jeopardize the success of a homeopathic protocol. Now, this does not mean giving these things up for life (although one could read into that, giving these things up in exchange for life, but we won’t go there at this time). It means for the duration of the therapy. It also means abstinence. However, it’s better to compromise on the rules for the sake of compliance than it is to comply with the rules at the expense of compromise. It is important for the client to understand that blatantly breaking the rules will upset the continuity and consequently the success of the therapy. Therefore, it would be more expedient to bend the rules in favor of something mutually supportive. Relative to their effects on homeopathics, the effect of tobacco will linger in the body for an hour or more, depending on the amount inhaled or chewed. Caffeine can stay in the body for many hours after ingestion. The alternatives to total abstinence become:

- Temporary abstinence. Following the golden rule of “everything in moderation”, the client may allow the remedies a window of opportunity when the body is relatively free of these toxins before and after taking the remedy—at least two hours for tobacco, four to six hours (maybe more) for caffeine.

- Compensatory dosing. For clients who can’t abstain, taking the remedy more frequently may offset the toxic burden imposed by the frequent smoker/drinker, but this is not guaranteed, uses far more remedy than would otherwise be necessary, and will probably extend the duration of the therapy needed to address the issues in question. It may be necessary to experiment with redosing, for instance, taking the remedy at hourly intervals after drinking coffee to determine when they will become active again.

- Neutralizing. Abstinence can be a significant stress on the adrenal glands. For the client experiencing withdrawal symptoms, it is extremely beneficial to facilitate balance by providing neutralizing doses of the toxins. Neutralizing takes the “edge” off of a reactive response, making the detoxification process more tolerable. Toxins need to be balanced on the allergy meridian. In addition, the adrenals can be supported with balancing doses of Epinephrine and Norepinephrine. Negating the consequences can have a positive effect on reducing the cravings, which supports the therapy and ultimately benefits the client in every aspect of health.

A Note on Neutralizing
Neutralization should be considered an adjunct to detoxification. It is intended to facilitate the removal of toxic substances from the body and from the diet. It is NOT intended to facilitate the continued use of toxic substances. Unfortunately, the distance separating these concepts is a short one, and this can lead to
Homeopathy Part 2 of 2

a tempting misunderstanding. Two great ideas must be avoided: 1) you can put neutralizing drops in your coffee and continue drinking it unabated; and 2) you can neutralize for life in general. It doesn’t work that way!

Neutralizing doses are balanced at “V” dilutions. These are very close in theory and practice to the concept of vaccines, and are frequently used in dealing with allergic responses. The practitioner may also find it beneficial to provide detoxifying support at “X” dilutions if the client is a long-time user. [Neutralization is most significant when dealing with allergies, which is the focus of Course 7.]

Decaffeinated Products
Decaffeinated products still has some small amount of caffeine in them. The clients should determine for themselves what their own response levels are. If homeopathic therapy has been effective, do symptoms recur with the consumption of decaffeinated beverages? How soon after drinking them does the therapy become effective again? This, of course, is “pushing the envelope” on the rules, and if possible it would be best to avoid these beverages altogether; but if push comes to shove, it’s the better way to go. Better still is abstinence, from the perspective of removing toxins from the body. The choice and the responsibility always belong to the client.

Flavors and Odors
Strong odors and flavors can impede the effectiveness of homeopathics in that they can block sublingual absorption. The most important (as supported by decades of empirical evidence) are mint, menthol, eucalyptus and camphor. Both the taste and the smell of these substances can have an effect if present at the time the remedy is taken. Clinical evidence supports this as a corollary to the “nothing in the mouth” rule. If a client happens to use mint toothpaste, we DO NOT ADVOCATE that he stops brushing his teeth during the course of therapy (!). The drops need only that 30-minute window to be effective, as long as the taste and odor have been eliminated from the senses. Otherwise, absorption will be compromised to some degree. This holds true for other strong flavors and odors as well, such as paint fumes, petroleum products, and, yes, tobacco. Raw garlic should be avoided for at least one before and after taking any remedies. Within that time frame, it may be advantageous to kill two birds with one stone, and immediately follow the consumption of raw garlic with mint toothpaste.

Storage
Under the right conditions the energetic signal of homeopathic remedies can last almost indefinitely. Yet they are very fragile. They should be kept in a cool, dark place (not refrigerators), out of direct sunlight, and away from excessive heat for extended periods. How long is too long? This is difficult to assess. Most remedies come in dark glass bottles, which offer some protection from sunlight, but also absorb more
heat. A good rule of thumb is, if it’s too hot for personal comfort, it’s too hot for the remedy.

Remedies should not be stored directly on or in any metal container or electrical appliance. Due to variations in EMF output, they should be kept away from the immediate vicinity of electrical appliances, magnetic devices and any other source of electromagnetic energy. The most significant appliance in this respect is the microwave oven. Microwaves, like X-rays, are a serious aggravating energy. They are also rather impossible to avoid, being almost ubiquitous in our society today. So the most important thing to do is act locally. Microwaves travel farther and penetrate deeper than most people suspect. Not only that, but they travel along three axes—front to back, side to side and top to bottom. Remedies should not be stored in direct line with any of these axes anywhere in the house. Doors and walls offer little protection against the penetration of microwaves.

Though encountered less frequently, the intensity of X-rays can alter a homeopathic signal instantly. Never allow remedies to pass through X-ray devices unless a lead shield protects them. Metal detectors have not been shown to have any impact on homeopathics. When travelling, it is best to walk the remedies through a metal detector, have them passed around the X-ray by security personnel, or pack them temporarily in a lead-lined container, such as a film bag. Avoid storing the remedies in a lead container for prolonged periods; they should be used for X-ray purposes only.

**Shake ‘em Up and Wake ‘em Up**
There is some evidence that briefly succussing a liquid remedy (rapping on a hard surface or the palm of the hand a few times) before taking it will help “awaken” or reactivate the pattern of the wavelengths of light that are held by the liquid, particularly if it has been stored for a while. It has been suggested that re-succussing provides a better or stronger stimulus to the body. The evidence for this is not necessarily conclusive; traditional succussion is done with great firmness, and the hypothesis apparently has not been tested against remedies in pill form, or against liquid remedies in long-term storage. Still, there is nothing to lose in the maneuver.

**Hybrid Homeopathics**
Liquitrophics™ and Liquessences™ (the pre-prepared products of various manufacturers) are hybrid homeopathic/herbal combination formulas. They are not homeopathics in the pure sense, so the general rules are slightly different. The “nothing in the mouth” rule does not apply. Liquitrophics may be mixed with water or juice (preferably water), or taken straight, if so tolerated. They may be swallowed immediately rather than help under the tongue (a distinct advantage with liquitrophics). They can be combined together and taken all at once (another advantage); but if other homeopathic remedies are involved, the liquitrophics fall under the “nothing in the mouth” rule, and should be taken at least 15
minutes apart from the other remedies. Certain liquistrophic formulas are lipid-based, containing fatty acids or fat-soluble B vitamins. Because they are hybrid products, they may (and should) be refrigerated to prevent spoilage.

The Right Dose
Classically speaking, the right dose is the minimum dose, both in terms of potency and frequency. Jayasuriya defines it as “the minimum quantity of the potentized homeopathic remedy which produces the least possible excitation of the vital force. It is sufficient to effect the necessary cure without normally causing an aggravation.” But while this refers to the simillimum, we would include combination formulas under that definition as well. Because of the highly individualized nature of homeopathy, there really are no set rules for “normal” dosage; there are only guidelines based upon clinical experience. A dose may range from one drop once, to seven drops three times a day, or more. Dosage can always be determined through “yes/no” testing, but the following “rules of thumb” may apply:

- As covered in Part 1, frequency is more important that quantity, which means that seven drops three times a day is more beneficial than 21 drops once a day. More often than not, the body needs a recurring stimulus to completely break free of an old pattern. One drop once a day may not get the job done, whereas one drop three times a day will.

- More is not necessarily better. If a body needs seven drops, ten drops will not expedite matters. Of course, it won’t hurt either, but why waste it?

- Acute symptoms may require frequent dosing (every 15 minutes or as needed) until symptoms subside.

- As symptoms improve the dose can be reduced in frequency, and ultimately stopped altogether.

How Long Is Long, and When Is Enough?
Homeopathics are not pharmaceuticals and should not be treated as such. Homeopathic remedies are meant to stimulate, and through this action provide overall support to the organism. They are regenerative therapies, not replacement therapies. Their antihomotoxic action is ideally suited to restoring balance to the body’s natural healing processes. They operate within the energetic cycles of the body, and once a cycle has shifted, the action of a remedy is complete; the body has adapted, and further stimulation by that particular remedy is unnecessary—in fact ineffective in terms of providing
continued stimulation. It is important that homeopaths be allowed to work in their own way; but when that work is done, they must be allowed to retire!

Although homeopathy can be quick acting when addressing symptoms, most people will notice a change or significant difference within five to seven days. It can take from three to six weeks for certain energetic aspects of homeopathics (particularly with combination remedies, and especially if emotional issues are addressed) to complete the full cycle of adaptation within the body; and in many instances, a body must learn to adjust to this new kind of natural stimulus. Very often, someone who does not notice a change or response is probably not in total compliance with the protocol, either by “breaking the rules” or not making some necessary change to reduce other stress factors. A subtle but important factor to be aware of is that, in keeping with Hering’s Law, many people experiencing a homeopathic healing will “feel” good on a mental/emotional level even though their physical symptoms may be exacerbated.

Determining that the cycle is indeed complete requires a certain level of self-awareness, and a willingness to trust in the innate healing powers of the body. This in turn requires a willingness to “test life” without constant support from the remedies. It is important to allow the body to rest for a few days without any homeopathic stimulation, giving it the opportunity to acclimatize to life under its own power. Generally, one of two things will happen: 1) the body’s status quo will be maintained at a new energetic level, indicating that adaptation was successful and the current remedy may be discontinued; or 2) a relapse of symptoms will occur, indicating that the remedy has been effective but the adaptation cycle is not complete, and continued use of the same remedy should be re-evaluated. The resting period is important also from the standpoint of doing a bionetic evaluation, as discussed in BEP-1.

Response time will vary from person to person, but in general frequent balances may not allow the body the time it needs to make the necessary adjustments to a therapy, which may skew results and effectiveness. Let the body do some work on its own, and just as importantly, give it time.

While the body will not build up a tolerance to homeopathics, relative to the status quo, there will come a point when a shift in energy will occur, and repeated stimulus from the same remedy will have no further benefit. This adaptation should not be confused with developing a tolerance, nor should the client take it as an indication that continued relief depends on continuous use. If in fact a new and improved energetic pattern has been established, it remains for the client to support that process. Hahnemann’s decree that permanent change could be affected through homeopathy is strongly challenged by the desire to chase symptoms only to the point of regaining a sense of normalcy, rather than all the way to restoring health. Homeopathy can be used to treat symptoms; but this application falls far short of its potential. Without considering the constitutional picture—without pursuing
Homeopathy can become little more than a stop-gap measure; the victim of an incomplete protocol.

**Prescription Drug Use**

Homeopathic remedies have no known side effects or inhibiting effects when used in conjunction with prescription and over-the-counter drugs, and other treatments. On the other hand, it is possible for some drugs (notably cortisone and cortisone derivatives) to mask the full symptom picture, and to reduce the effectiveness of homeopathic remedies. This statement is presented here, and should be relayed to your clients, as **information only** and **under no circumstances is it to be misconstrued as medical advice!** Always recommend that clients talk to their doctors about incorporating homeopathic therapy into their treatment. **Never** suggest to clients that they can or should stop taking prescription drugs!

Cortisone and glucocorticoid derivatives (e.g., Prednisone™) are widely-used anti-inflammatory drugs that have been shown clinically to affect the body on two levels: 1) they can suppress the immune system to the extent that otherwise normal stress responses go unnoticed, leaving the person feeling neither symptoms nor the effects of therapy; and 2) their effectiveness is so pervasive throughout the organism that single-channel test results can be skewed significantly and falsely toward balance (multi-channel testing has largely resolved this problem). It can be like point testing through a rubber glove. The duration of cortisone therapy (short- vs. long-term) also determines the degree of masking. Benefits can still be had from doing homeopathic therapy while on cortisone; but chances are the client won't know it, and determining the right therapy through single-channel testing could be challenging.

**“The Healing Crisis”**

As mentioned in Course 3, while homeopathic remedies have proven to be safe and effective for hundreds of years, it is possible that they may initially intensify your current symptoms, or cause old symptoms to reappear. This initial aggravation of symptoms is often referred to as the "healing crisis", a very important expression of the body's normal detoxification process. Not everyone experiences a healing crisis, and the “crisis” is not necessarily intense. Hahnemann maintained that the practice of homeopathy could achieve a cure "mildly, rapidly, certainly and permanently". However the healing process manifests, the most important point for a client to understand is that it is a temporary but necessary step toward restoring balance. Necessary because it is the most effective natural means of detoxifying the body, and whenever possible should be allowed to run its full course. Still, the process can be demanding, creating a stressful and unwelcome situation that is often misunderstood—hence its solid association with the term “crisis”.

---

[Health Harmony Products]

Copyrighted ©2012 All Rights Reserved.
According to Reckeweg:

“...it often appears...as if ‘the illness’ (i.e. the toxin which is at the root of the defense-reaction) were being chased around the body by the stimulative action of the remedy ‘like a hobgoblin’, until at last it finds the appropriate exit, the correct elimination-route for the particular toxin from which the whole disease process originated. This may be a suddenly-recurring eczema, a fistula, an abscess, an apparent cold, usually a reaction phase associated with secretions, and with its appearance, all the complaints usually finally disappear. Without a knowledge of homotoxicology, particularly of the shifts which occur from one homotoxic phase to another through the vicariation effect, such functions remain shrouded in biological darkness. Otherwise - and this may be attended by devastating consequences for the patient - they may be interpreted incorrectly, in which case [medications] may be applied...thus inactivating them by blocking the connective tissue, and so the detoxification is halted.” (Materia Medica, Vol. 1)

Whether the process is stopped voluntarily or involuntarily, it is often stopped prematurely. Successful detoxification depends on compliance—not so much with the “program” as with the natural forces of the body, which are much maligned and ignored in modern culture. In keeping with Hahnemann’s philosophy, and with a basic understanding of homotoxicology, the practitioner’s goal should be one of achieving balance and harmony in moderation—finding the right remedy and the right dosage that will stimulate the healing process, but not cause undue discomfort.

Antidoting
All of the substances to avoid listed previously can have a strong inhibitory effect on homeopathics. This is not necessarily the same as antidoting. Anything that has a strong stimulatory effect on the olfactory or taste senses can block the absorption of a sublingual remedy (at least partially), thus slowing the healing process. On the other hand, certain substances can cause a complete reversal of homeopathic action, sometimes almost immediately. The most common are caffeine, camphor and Nux vomica. Caffeine, especially in the form of coffee, is most often cited, not only for its effectiveness, but also for its ready availability. Sources vary as to whether strong or dilute coffee is best. In our experience, dilute coffee (about one teaspoon of prepared beverage mixed into one to two ounces of water) is not only effective, but also better tolerated. Camphor, if not available homeopathically, may be inhaled as an antidote as well. Nux vomica should be used only in its homeopathic form.

Antidoting would be recommended in the event of severe aggravation of symptoms. In any event, good judgment from both client and practitioner is required in deciding if and when to antidote. The tolerance level of the client must always be taken into consideration, as well as the chronology of the
“crisis”. Typically, when symptoms are related to the taking of homeopathics, they will either first appear or get worse within two or three days of the initial dose. It is rare that symptoms arising after this time will be a direct result of the remedies. Intolerable situations may be antidoted quickly, and will be, if in fact homeopathics are involved. Another option for people of sturdier constitutions is to simply stop taking the remedies altogether. Any symptoms caused by them should disappear in a day or two. If symptoms do not subside, chances are the remedies are not a direct cause, and no harm should come from continuing to take them.

If a direct relationship between remedy and symptom is sufficiently established, it is recommended that once the aggravation has subsided, the client continue try taking the remedies at half the original dose. If symptoms recur, the dose may be cut in half again. In this manner the dose may be reduced to even less than one drop per day, and still be effective. Remember that the philosophy of the simillimum is to find the dose that will stimulate but not aggravate.

**Pregnancy**

It is required by law that homeopathic manufacturers label their products with a warning to consult a physician if pregnant or lactating. For the sake of your practice, do not disregard that warning on behalf of your clients! But also know that homeopathics are considered (by homeopaths, anyway) safe for pregnant women; they give support without creating side effects, and can strengthen the growing baby. One recipe that appears later in this course is actually designed to assist in labor and delivery.

**Riding the Wave**

When you begin working with computerized EAV devices, an important and very useful function is the ability to use homaccords through pre-programmed “waves”. For instance, a “3-wave” would include 3X, 6X, 12X, 30X, etc.; a 4-wave would be 4X, 8X and 15X. For the beginning practitioner, homaccords are something of a safety net, offering an efficient way to cover a lot of territory when trying to find an overall balancing potency. But “best balance” may not be contained within the wave pattern. That is, you may find that a 3- or 4-wave may bring reasonable balance, but not what you would consider optimal balance. If your equipment allows you to customize homaccords, you may be able to add to or subtract from the potencies to give the body more precisely what it needs. It may appear that the wave is not deep enough, or for that matter, shallow enough. Often the client’s health history and/or current symptomatology will provide clues as to which way to go. If, for example, a 3-wave moves a meridian in the right direction, but not far enough to be considered a good balance, you could add a higher potency (e.g., 400X) to see if balance improves. A 4-wave that seems marginally good for an acute situation may improve with the addition of a 2X. A 3-wave may appear over-stimulating, in which case you may remove some of the higher
potencies from the sequence. Still another option on some equipment utilizes a variation on “yes/no” testing that allows you to narrow down the search through all dilutions by a streamlined process of elimination.

None of this, of course, should take the place of knowing your homeopathy. The use of computerized homaccords should not supersede your continuing education in the use of classical or even complex homeopathic remedies. You would do well to include testing for specific dilutions as part of your learning curve. The goal is always to match the remedy to the individual, and as your skill grows, you will be able to execute the process more efficiently. Wave potencies are a good place to start; for some it may be precisely what they need. For those who need something more (or less), your experience and your equipment will help you find optimal resonance.
RECIPE NOTES

The notes below pertain to the “Recipes” section to follow. Remember that other therapies can be included as part of a protocol. Nutritional and herbal therapies, avoidance and other dietary therapies may be employed. Some therapies will also benefit from the use of sarcodes and nosodes.

APPETITE SUPPRESSANT/WEIGHT LOSS—This is a recipe that actually works on suppressing the appetite and reducing cravings, as opposed to having any fat-metabolizing or thermogenic action. In this respect, it helps the body to lose weight on its own, naturally. Weight loss is tested on the cellular metabolism point (OR-SMP) and LI-CMP. This particular recipe must balance on both points. If Thyroidinum is used as part of the recipe, the endocrine meridian can also be tested, but this is not really necessary.

BLADDER INFECTION—Bladder infection is generally caused by something irritating the bladder. Pathogenic yeast and bacterial involvement are common causative agents (don’t diagnose!). There may also be kidney involvement.

CANKER SORES—Test on the LY-CMP while the client localizes above or below the lip, depending on the site of the sore. Canker sores often have remote origins, such as a dysbiosis of the bowel, that need to be addressed.

CAT SCRATCH—Cat scratch fever occurs in many people. There can be a fever and other flu-like symptoms, accompanied by swelling and irritation of the scratch itself. This recipe contains the feline leukemia viral nosode, and well as Hypericum, which is well known homeopathically for its effectiveness against tetanus and lockjaw. Cat scratch is tested primarily on the LY-CMP, but it can also be tested on the organ degeneration and allergy meridians at the same time to determine the most significant drop.

COLD SORES/FEVER BLISTERS—Viral nosodes are important to this formula, especially Herpes simplex. Timing is also important for its success. If applied right at the onset of symptoms, they can be eliminated completely and rapidly. In some cases they won’t even form. Even if not caught right away, their duration can be greatly reduced, disappearing within two or three days. Cold sores are tested on the LY-CMP.

CROUP—This recipe works on the barking cough, sore throat and irritation associated with croup. It works best if administered at the onset of coughing. Test on the LY- and LU-CMPs.

DENTAL DRAINAGE—Dental drainage is connected to lymph drainage, and is therefore tested on the jaw
drainage point of the lymph meridian. Some applications are: gum irritation or inflammation, sore teeth, abscesses, surgical removal of a tooth, any head or facial injury that involves trauma to the jaw, any time tooth involvement is apparent, and whenever the body is trying to eliminate some form of toxicity from the jaw. It is also helpful in opening the lymphatic process, especially if the cervical or sentinel nodes or pharyngeal ring are involved. An important component of this recipe is *Hekla lava*. By itself, Hekla lava is capable of clearing up a jaw abscess.
DENTAL EXTRACTIONS—Although the dental drainage recipe could be used here, this recipe is specific for dealing with acute responses to dental extractions. Dosage is tested on the jaw drainage point of the lymph meridian. A homaccord will work well in lieu of determining the specific dilution. Both dental formulas in combination as an acute-wave homaccord can be administered every 15 minutes after the extraction has occurred. Using these in combination will promote healing, reduced swelling, eliminate absorption of the anesthetic, and reduce bleeding.

EAR INFECTIONS—Increased mucus production is often associated with some kind of food allergy, frequently dairy-related. Ear infections often result if mucus drainage becomes blocked. It is possible, from the perspective of prevention, that the application of mucus dissolving and ear infection recipes in a timely manner can preclude the use of antibiotics. This recipe is best applied to an acute problem on recent onset.

When fluids build up behind the ear, the eustachian tube may become blocked, creating a hospitable environment for bacterial growth, which subsequently contributes to the pressure and irritation. All too often, antibiotics become necessary at that point. The bacterial issue, relative to eustachian tube blockage, must be addressed; otherwise this recipe, or antibiotics, will become routine.

Testing is best done on the ear drainage point (LY-SMP; not previously referenced), but can be done on the LY-CMP. If time and/or temperament do not permit a full balance, a 3X/6X dose is very useful. Adding the nosode for acute bacterial otitis media to the formula is also helpful. Balance is more important than identifying the source of imbalance, but remember—use of this (or any other) formula for ear infections does not constitute a diagnosis and should not preclude professional medical treatment.

MORNING SICKNESS—Morning sickness is tested primarily on the stomach meridian. It should also be tested on the large and small intestine meridians, pancreas meridian, and on some people the cellular metabolism point (OR-SMP). A homaccord preparation would be appropriate.

MUCUS DRAINAGE—Mucus drainage is tested on the ear drainage point (LY-SMP). It includes the nosode for lymph nodes. It thins the mucus and slows production, and also helps reduce mucus in the bowel. It is important to add a lot of water to your diet when taking this formula. The two work together to liquefy and eliminate mucus.

PARASITES—Parasites can be found virtually anywhere in the body, and parasitic stress can be tested against any meridian where their influence is suspected. They are most common in the intestines and
frequently in the rectouterine pouch, or Douglas` pouch, a sac-like fold in the peritoneum located between the uterus and the rectum. (In males, a similar peritoneal fold is found between the rectum and the urinary bladder.) This region can be tested for both men and women by using an acupoint located on the palm side of the hand at the base of the little finger, adjacent to the heart meridian. It is located atop the neck of the third knuckle, just below the crease in the skin separating the finger from the palm. (Note that even though the point appears to be along the heart meridian, it actually is associated with what is known as a “secondary vessel”, or subsystem, of the main meridians. Many secondary vessel points representing specific areas and processes of the body may be found in the Voll Point Location Guide, but will not be covered in detail in BnP-II.)

PRE-DELIVERY, THIRD TRIMESTER—This recipe should be used in the third trimester of pregnancy and just prior to delivery. Verification of the effectiveness of this formula has been difficult, due to the highly subjective experiential nature of the test conditions, but the results have been positive, the most common being shorter, easier labors. Balance this formula on both endocrine CMP and cellular metabolism point.

PRE-/POST-OPERATIVE SURGERY—This recipe enhances recovery, reduces the impact of anesthesia and trauma to the body, and helps promote overall healing. It can be tested on the cellular metabolism point, but testing is not really necessary for this remedy. A homaccord is sufficient. A dose should be taken just before going into the hospital, then administered every few minutes once out of recovery.

SINUS INFECTION—Tested on the jaw drainage point of the lymph meridian. Be sure to include the nosodes. This recipe can be used alone, but often there are other factors aggravating the sinuses that should be addressed.

STRESS (“MOTHER OF THE BRIDE”)—This is an excellent calming and relaxing recipe. It is tested on the emotional stress point (not previously referenced), which is the SMP of the central nervous system meridian. This recipe is good for inducing “restful wakefulness”; it is calming but not sedating, and will not impair any cognitive functions. It allows you to sleep when you’re ready. If a client will not calm down enough for testing, an “acute-wave” homaccord (3X/6X/30X/200X) will probably work just fine.

WARTS—Wart are tested on the OR-CMP. Balancing for Verruca, the viral nosode for warts, is important.
The following section is a quick reference guide to some homeopathic “recipes” that research and our own clinical experience have found to be effective. These formulas are not patented or copyrighted. We have found that all of the ingredients listed in each formula work well together; however, since ongoing work continues to refine this information, these recipes are given only as guidelines for you to customize and improve upon through your own clinical experience. While we do not consider these to be “shotgun” formulas, they are broad-spectrum. As the individualized approach of EAV does not always blend well with “generic” formulas, we encourage you to take full advantage of your knowledge and resources in manipulating the recipes to meet the specific needs of your clients.

Phazx SpectraVision™ owners: please note that while these recipes do not necessarily match the pre-programmed recipes, all of the substances are available as single frequencies for you to create your own custom recipes as needed.

Most of the substances in each recipe can be found in a good quality materia medica. Some substances, such as those listed in the “All-Purpose Allergy” formula, are described elsewhere in the course materials. These may not yet have been incorporated into standard homeopathic practice today, but our own research has shown them to have an increasingly relevant role to play in the stimulation of detoxification processes.
ADRENAL REGENERATION
Abies nigra
Adrenal cortex
Carbo vegetabilis
Causticum
Coffea cruda
Mesencephalon
Mesenchyme
Suprarenal gland
Veratrum album

ALERTNESS
Arsenicum iodatum
Calcaria phosphorica
Cerebrum
Ignatia amara
Kali phosphoricum
Lycopodium clavatum
Psorinum
Selenium metallicum
Silicea
Staphysagria

ALLERGY
Acidum formicum
Antimonium crudum
Arnica montana
Arsenicum album
Embryo bovinum
Graphites
Histaminum
Ignatia amara
Lappa major
Ledum palustre
Lycopodium clavatum
Pix liquida
Psorinum
Selenium metallicum
Sulphur
Tellurium metallicum
Thuja occidentalis

ALLERGY, ALL-PURPOSE
Acetaldehyde
Acetylcholine chloride
Alternaria tenuis (mold)
Apiol (phenolic)
Aspergillus fumigatus (fungus)
Caffeic acid (phenolic)
Candida albicans (fungus)
Cephalosporium (mold)
Chlorogenic acid (phenolic)
Cinnamic acid (phenolic)
Coniferyl alcohol (phenolic)
Dopamine (phenolic)
Epidermophyton (fungus)
Estrogen
Formaldehyde solution
GABA
Gallic acid (phenolic)
Histamine
Indole (phenolic)
L-Dopa (phenolic)
Malvin (phenolic)
Mannan (phenolic)
Menadione (phenolic)
Norepinephrine
Octopamine (phenolic)
Petroleum
Phenylalanine
Phenylisothiocyanate
Phloridzinum
Piperine (phenolic)
Progesterone
Pyrrrole (phenolic)
Quercetin
Rinkel molds A, B, C
Rutin
Salsolinol (phenolic)
Serotonin
Taurine
Trichophyton (fungus)
Tobacco, tobacco smoke

**APPETITE SUPPRESSANT/WEIGHT LOSS**
Calcarea carbonica
Capsicum
Ferrum metallicum
Graphites
Natrum sulphuricum
Pulsatilla nigricans
Thyroidinum

**ARTHRITIS**
Arnica montana
Berberis vulgaris
Bryonia
Cartilago bovinum
Causticum
Colchicum autumnale
Colocynthis
Dulcamara
Ferrum phosphoricum
Lithium benzoicum
Lycopodium clavatum
Medorrhinum
Ranunculus bulbosus
Rhododendron chrysanthemum
Rhus toxicodendron
Sulphur

**ASTHMA**
Carbo vegetabilis
Psorinum
Sulphur

**BEDWETTING**
Argentum nitricum
Belladonna
Causticum
Equisetum arvense, hyamale
Ignatia amara
Kreosotum
Plantago major
Pulsatilla nigricans
Senecio aureus
Sarsaparilla
Sepia (Cuttlefish ink)
Silicea

**BILE REGENERATION**
Abies nigra
Ferrum phosphoricum
Juniperus communis
Viscum album

**BIOLOGICAL AGE**
Biological Ages 10-100

**BLADDER INFECTION**
Acidum nitricum
Apis mellifica  
Argentum nitricum  
Belladonna  
Berberis aquifolium  
Berberis vulgaris  
Bladder bilharziosis  
Bladder cystitis  
Bladder papilloma  
Bladder polyp  
Bladder TBC (nosodes—tuberculumin, baccilinum, cantharis)  
Cantharis (Spanish fly)  
Causticum  
Equisetum arvense  
Mercurius solubilis  
Nosodes—Bacterial yeast, Kidney  
Nux vomic  
Pulsatilla nigricans  
Sarsaparilla  
Terebinthinia oleum

Millefolium achillea  
Phosphorus  
Thlaspi bursa pastoris

**BONE PAIN, HEALING**

Aranea diadema  
Asa foetida  
Aurum metallicum  
Hekla lava  
Kalmia latifolia  
Lycopodium clavatum  
Mercurius  
Natrum sulphuricum

**BRAIN**

Aconitum napellus  
Aesculus hippocastanum  
Ambra grisea  
Anacardium orientale  
Arnica montana  
Cerebellum  
Cinchona officinalis  
Cocculus indicus  
Conium maculatum  
Gelsemium sempervirens  
Hyoscyamus niger  
Ignatia amara  
Kali bichromicum  
Kali phosphoricum  
Leusinum  
Magnesium phosphorica  
Methionine methyl  
Phosphoricum  
Ruta graveolens  
Selenium

**BLEEDING, MINOR**

Aceticum acidum  
Arnica montana  
Bovista  
Crocus sativus  
Crotalus horridus  
Erigeron canadensis  
Hamamelis virginiana  
Ipecacuanha

**Tools For Wellness**

**Health Harmony Products**

Copyrighted ©2012 All Rights Reserved.
Thuja occidentalis

**BRONCHITIS**
Antimonium tartaricum
Belladonna
Bryonia
Hepatica triloba
Hyoscyamus niger
Ipecacuanha
Kreosotum
Lobelia inflata
Pertussinum
Sticta pulmonaria

**BURNS**
Arnica montana
Cantharis
Calendula officinalis
Hypericum perforatum
Urtica urens

**CANKER SORES**
Acidum nitricum
Acidum sulphuricum
Antimonium crudum
Argentum metallicum
Borax
Echinacea
Kali chloricum
Mercurius
Natrum muriaticum

**CAT SCRATCH**
Cantharis
Croton tiglium

Hypericum perforatum
Nosode—Feline Leukemia virus & vaccine
Pyrogenium
Typhinum

**CATALYST**
Acidum α-ketoglutaricum (phenolic)
Acidum cis-aconiticum
Acidum citricum
Acidum fumaricum
Acidum glutaminicum
Acidum malonicum
Acidum nicotinicum
Acidum succinicum
Acidum thiocticum
Adenosine triphosphate (ATP)
Baryta oxalsuccinicum
Beta vulgaris
Cerium oxalicum
Coenzyme A dehydrogenase
Cysteinum
Hepar sulphuris calcarea
Magnesium phosphorica
Manganum gluconicum
NAD
Natrum oxalicum
Natrum pyruvicum
Niacinamide
Pulsatilla nigricans
Sulphur
Vitamins B1, B2, B6, B12, C

**CATALYST, CARBO**
Carbo animalis
Carbo vegetabilis
Homeopathy Part 2 of 2

Carbolicum acidum
Carboneum hydrogenisatum
Carboneum oxygenisatum
Carboneum sulphuratum

**CATALYST, OLIGO**
Acidum fumaricum
Acidum glutaminicum
Acidum oxalicum
Acidum phosphoricum
Acidum pyruvicum
Acidum succinicum
Adenosine triphosphate (ATP)
Cobalt
Cuprum metallicum
Germanium
Aurum metallicum
Magnesium
Manganese
Niccolum metallicum
Argentum metallicum
Zincum metallicum

**CELLULAR COMMUNICATION**
Acidum asparagicum
Acidum glutaminicum
Adenosine triphosphate
Glutamine
NADase
NADH
Neuraminadase
Disaccharide—Lactose
Disaccharide—Maltose
Disaccharide—Sucrose
Polysaccharide—Amylopectin
Polysaccharide—Amylose
Polysaccharide—Fucose
Polysaccharide—Galactose
Polysaccharide—Ga1NAc
Polysaccharide—G1cNAc
Polysaccharide—Mannose
Polysaccharide—NeuAc
Prostaglandin
Prostaglandin—PG1
Prostaglandin—PG2
Prostaglandin—PG3
(continued)
Tetrahydronaphthalene
Ubichinon (Ubiquinone/Coenzyme Q)

**CHEMICALS**
Asclepias tuberosa
Hydrastis canadensis
Lobelia inflata
Rumex crispus

**CHEST MUSCLE SORENESS**
Arsenicum iodatum
Asclepias tuberosa
Bryonia
Colocynthis
Dulcamara
Kali carbonicum
Natrum sulphuricum
Ranunculus bulbosus
Sticta pulmonaria
Sulphur

**CHRONIC FATIGUE SYNDROME**
Argentum metallicum
Chelidonium majus
Echinacea
Ferrum metallicum
Ferrum phosphoricum
Pancreas
Quercus glandium spiritus
Sepia
Spongia tosta
Sulphur
Taraxacum officinale

**CIRCULATION**
Arnica montana
Artery, middle cerebral
Aurum iodium
Baryta iodata
Kali phosphoricum
Lycopodium clavatum
Medorrhinum
Rauwolfia serpentina
Stramonium
Sulphur

**COENZYME**
Acidum citricum
Acidum fumaricum
Acidum glutaminicum
Acidum malonicum
Acidum succinicum
Adenosine triphosphate
Cysteine
Hepar sulphuris calcareum
Luteinizing Hormone (LH)
Sulphur
Vitamins A, C

**COLDS**
Pulsatilla nigricans
Sulphur
Vincetoxicum

**COLD SORES**
Arsenicum album
Dulcamara
Graphites
Hepar sulphuris calcareum
Natrum muriaticum
Nosode—Herpes simplex, zoster & progenitalis
Petroleum
Rhus toxicodendron

**COLIC**
Acetaldehyde
Acetylcholine chloride
Carbo vegetabilis
Gallicum acidum
Quercitin
Rutin

**CONJUNCTIVITIS**
Candida albicans
Euphorbium officinarum
Nosode—Conjunctivitis

**CONSTIPATION**
Natrum muriaticum
Papaver dubium
Dioscorea villosa

**COUGH**
- Antimonium tartaricum
- Arsenicum iodatum
- Belladonna
- Blatta orientalis
- Ephedra vulgaris
- Hepatica triloba
- Illicium anisatum
- Ipecacuanha
- Lobelia inflata
- Medorrhinum
- Naphthalinum
- Natrum sulphuricum
- Quebracho
- Stachys betonica

**CROUP COUGH**
- Aconitum napellus
- Belladonna
- Coccus cacti (Cochineal shield-louse)
- Drosera rotundifolia
- Hepar sulphuris calcareum
- Ipecacuanha
- Phosphorus
- Spongia tosta (Roasted sponge)

**DEGENERATIVE CONDITIONS, CHRONIC**
- Acidum nitricum
- Apis mellifica (Honeybee)
- Argentum nitricum
- Arsenicum metallicum
- Aurum metallicum
- Birch, mixed

**DENTAL EXTRACTION**
- Acidum fluoricum
- Hepar sulphuris calcareum
- Ruta graveolens
- Symphytum officinale
### DENTAL (LYMPH) DRAINAGE
- Apis mellifica
- Belladonna
- Crotalus horridus
- Hekla lava
  (continued)
- Lachesis (Bushmaster snake)
- Mercurius solubilis
- Silicea

### DIARRHEA
- Aloe socotrina
- Arsenicum album
- Carbo vegetabilis
- Colocynthis
- Cuprum aceticum
- Dysenterinum
- Ferrum phosphoricum
- Mercurius corrosivus
- Podophyllum peltatum
- Tormentilla (Potentilla)
- Veratrum album

### DIZZINESS
- Ambra grisea
- Cerebellum
- Cocculus indicus
- Conium maculatum
- Petroleum

### EAR INFECTION
- Aconitum napellus
- Belladonna

---

### Capsicum annuum
- Chamomilla matricaria
- Ferrum phosphoricum
- Hepar sulphuris calcarea
- Kali chloricum
- Kali muriaticum
- Lycopodium clavatum
- Magnesium phosphoricum
- Mercurius solubilis
- Nosode—Acute bacterial Otitis media
- Plantago major
- Pulsatilla nigricans
- Silicea

### EPILEPSY
- Belladonna
- Bufo (toad)
- Cuprum metallicum
- Indigo
- Magnesia phosphorica
- Pulsatilla nigricans
- Serotonin
- Silicea
- Thalamus
- Zinc

### EXHAUSTION
- Cinchona officinalis
- Cocculus indicus

### EYE
- Aethiops mercurialis
- Apis mellifica
- Belladonna
- Corpus vitreum
Euphorbium officinarum
Euphrasia officinalis
Graphites
Kalmia latifolia
Rhus toxicodendron
Staphysagria

**FATIGUE / WEAKNESS**
Causticum
Gelsemium sempervirens
Plumbum metallicum

**FLU**
Aconitum napellus
Bryonia
Eupatorium perfoliatum
Influenzinum
Ipecacuanha
Lachesis
Mercurius corrosivus
(continued)
Phosphorus
Pulsatilla nigricans
Sulphur

**FUNGI (comb. With Molds/Yeast)**
Argentum metallicum
Baptisia confusa
Garlic
Ruta graveolens

**GALLBLADDER**
Belladonna
Chelidonium majus

**HAYFEVER**
Aesculus hippocastanum
Antimonium tartaricum
Cimicifuga racemosa
Colocynthis
Gnaphalium polycephalum
Kali carbonicum
Nux vomica
Pulsatilla nigricans
Rhus toxicodendron
Viscum album

**HEADACHE, MIGRAINE**
Aceticum acidum
Aranea diadema
Arsenicum album
Asa foetida
Bryonia alba
Calcarea phosphorica
Carbo vegetabilis
Condurango
Kalmia latifolia
Lycopodium clavatum
Natrum sulphuricum
Mercurialis perennis
Phosphoricum acidum
Pulsatilla nigricans
Secale cornutum
Silicea
Strychninum
Uranium nitricum

**HEADACHE, STRESS & TENSION**
Cimicifuga racemosa
Gelsemium sempervirens
Rhus toxicodendron

HEART FLUTTERS / ANGINA
Arnica montana
Cactus grandiflorus
Crataegus oxyacantha
Gelsemium sempervirens
Glonoinum (nitroglycerine)
Graphites
Kali carbonicum
Lachesis
Propolis
Ranunculus bulbosus
Spigelia anthelmia
Staphysagria
Sulphur

INDIGESTION, INTESTINAL
Chinhydron
Cynara scolymus
Galium aparine
Hepar bovinum
Leptandra virginica
Lycopodium clavatum
Niccolum metallicum
Phosphorus
Sulphur

INDIGESTION, STOMACH
Antimonium crudum
Argentum nitricum
Arsenicum album
(continued)
Carbo vegetabilis
Natrum phosphoricum

Nux vomica
Pulsatilla nigricans

INFLAMMATION
Argentum metallicum
Argentum nitricum
Arnica montana
Arsenicum album
Belladonna
Bryonia
Dulcamara
Echinacea rudbeckia
Hepar sulphuris calcareum
Lachesis
Mercurius solubilis
Nosode--Influenzinum
Phytolacca decandra
Pulsatilla nigricans
Rhus toxicodendron
Staphylococcinum
Steptococcinum
Thuja occidentalis

INTESTINAL STRESS
Bryonia
Colocynthis
Lycopodium clavatum
Mercurius
Nux vomica
Sulphur

KIDNEY REGENERATION
Argentum metallicum
Berberis vulgaris
Camphora officinarum
Testosterone

**KIDNEY STRESS**
Acidum citricum
Acidum nitricum
Arsenicum album
Berberis vulgaris
Cantharis
Hepar sulphuris calcareum
Lapis renalis
Mercurius solubilis
Ren bovinum
Solidago virga aurea

**LARGE INTESTINE**
Calcarea fluorica
Carbo vegetabilis
Silicea
Testosterone

**LIVER REGENERATION**
Chamomilla matricaria
Lycopodium clavatum
Nux vomica
Phosphorus

**LIVER RELIEF**
Causticum
Graphites
Hepar sulphuris calcareum
Mesencephalon
Mesenchyme

**LUNG REGENERATION**
Kali bichromicum

Phosphorus
Podophyllum peltatum
Progesterone
Staphysagria

**LYMPH REGENERATION**
Ammonium muriaticum
Baptisia confusa
Colchicum autumnale
Juniperus communis
Podophyllum peltatum
Rhus toxicodendron
Thyroid

**LYMPHATIC STRESS**
Aranea diadema
Calcarea phosphorica
Equisetum hyemale
Ferrum iodatum
Fumaria officinalis
Gentiana lutea
Geranium robertianum
Glandula thyroidea
Juglans regia
Myosotis arvensis
Nasturtium aquaticum
Natrum sulphuricum
Pinus sylvestris
Sarsaparilla
Teucrium scorodonia
Tuberculinum
Variolinum
Veronica beccabunga
Vaccinium

**MENOPAUSE / PMS**
Agnus castus
Ambra grisea
Ammonium benzoicum
Apis mellifica
Calcarea carbonica
Cimicifuga racemosa
Cocculus indicus
Estriol
Estrone
Follicle Stimulating Hormone (FSH)
Glucagon
Helonias chamaelirium
Hypericum perforatum
Insulin
Kali carbonicum
Lachesis
Luteinizing Hormone (LH)
Lilium tigrinum
Melilotus officinalis
Naja tripudians (Cobra venom)
Oophorimum
Palladium
Phosphorus
Platina metallicum
Progesterone
Pulsatilla nigricans
Sanguinaria canadensis
Sepia
Sulphur
Urtica urens
Vespa crabro

Viburnum opulus

**MOLDS / YEAST** (comb. With Fungi)
Alternaria tenus
Aspergillus niger
Candida albicans
Epidermophyton floc
Hormodendron clad
Rinkel molds
Trichophyton verruco

**MORNING SICKNESS**
Amygdalus persica
Cerium oxalicum
Cimicifuga racemosa
Cocculus indicus
Cucurbita pepo
Gossypium herbaceum
Ipecacuanha
Lobelia inflata
Nux vomica
(continued)
Pulsatilla nigricans
Symphoricarpus racemosa

**MOSQUITO TOX**
Apis mellifica
Arnica montana
Culex musca
Curare
Hypericum perforatum
Kali phosphoricum
Psorinum

**MUCUS DISSOLVER**
Equisetum arvense
Eucalyptus globulus
Lobelia inflata
Lobelia purpurascens
Lymph nodes
Nosode--Lymph
Plantago major
Urtica dioica
Vinca minor

**ORGAN CLEANSE**
Allium cepa
Allium sativum
Ambrosia
Berberis vulgaris
Chelidonium majus
Collinsonia canadensis
Cynara scolymus
Petroselinum
Trifolium pratense

**PAIN, GENERAL**
Aconitum napellus
Apis mellifica
Arnica montana
Fluoricum acidum
Ruta graveolens
Silicea
Symphytum

**PANCREAS REGENERATION**
Calcarea phosphorica
Cinchona officinalis
Crocus sativa
Phosphorus
Viscum album

**PANCREATIC STRESS**
Carbo vegetabilis
Ceanothus americanus
Lachesis
Leptandra virginica
Lycopodium clavatum
Mercurius iodatus flavus
Momordica balsamina
Pancreatinum
Podophyllum peltatum

**PARASITES**
Artemesia vulgaris
Cascara sagrada
Cinchona officinalis
Juglans nigra
Mercurius solubilis

**PHYSICAL PAIN / INJURY**
Aconitum napellus
Arnica montana
Belladonna
Bellis perennis
Calendula officinalis
Chamomilla matricaria
Echinacea
Hamamelis virginica
Hepar sulphuris calcareum
Hypericum perforatum
Mercurius solubilis
Millefolium
Symphytum officinale

Conium maculatum
Dioscorea villosa
Kali bromatum
Nux vomica
Staphysagria
Stigmata maydis
Sulphur

**PITUITARY REGENERATION**
Ammonium carbonicum
Crocus sativus
Ignatia amara
Magnesium phosphorica
Nux vomica
Veratrum album

**PRE- AND POST-OPERATIVE SURGERY**
Arnica montana
Calcarea carbonica
Corticosterone
Hypericum perforatum
Ruta graveolens
Silicea
Symphytum officinale

**PRE-DELIVERY, THIRD TRIMESTER**
Acidum phosphoricum
Acidum picricum
Agnus castus
Anacardium orientale
Bellis perennis
Calcarea carbonica
Cinchona officinalis

**PROSTATE STRESS**
Acidum succinicum
Chimaphila umbellata
Conium maculatum
Hepar sulphuris calcareum
Kreosotum
Petroselinum sativum
Populus tremuloides
Sabal serrulata

**SCAR**
Acidum nitricum
Thuja occidentalis
Graphites
Alumina
Aconitum napellus
Silicea
Calcarea phosphorica
Arnica montana
X-rays

**SEXUAL DYSFUNCTION, MALE**
Acidum picricum
Agnus castus
Cinchona officinalis
Lycopodium clavatum
Orchitinum
Petroselinum sativum
Sepia

**SINUS INFECTION**
Cinnabar is
Euphorbium officinarum
Hydrastis canadensis
Kali bichromicum
Pulsatilla nigricans
Phosphorus
Thuja occidentalis

**SKIN DISORDERS**
Acidum hydrofluoricum
Arsenicum album
Graphites
Hepar bovinum
Kreosotum
Lycopodium clavatum
Petroleum
Rhus toxicodendron
Sepia
Sulphur

**SMALL INTESTINE REGENERATION**
Ammonium muriaticum
Bryonia
Calcarea fluorica
Calendula officinalis
Colocynthis
Magnesium phosphorica

**SPLEEN REGENERATION**
Ceanothus americanus
Fucus vesiculosus

Podophyllum peltatum
Sepia
Testosterone

**STOMACH REGENERATION**
Belladonna
Calcarea phosphorica
Graphites
Ipecacuanha
Testosterone
Veratrum album
Viscum album

**STRESS—“MOTHER OF THE BRIDE”**
Arsenicum album
Chamomilla matricaria
Cimicifuga racemosa
Coffea cruda
Crataegus oxyacantha
Humulus lupulus
Hyoscyamus niger
Ignatia amara
Moschus (musk)
Nux vomica
Passiflora incarnata
Rhus toxicodendron
Sepia
Silicea
Sulphur
Valeriana officinalis
Veratrum album

**STRESS—“THERAPIST”**
ACTH
Adrenal cortex
Adrenalinum  
Beet sugar  
Caffeic acid  
Coffea cruda  
Corticosterone  
Epinephrine  
Norepinepherine  
Saccharum officinale  
Suprarenal gland  

**TEETH**  
Argentum metallic  
Gangrenous pulpa  
Nosode—Chronic pulpitis  
Pulpitis, acute  
Stainless steel pins  

**THROAT IRRITATION**  
Argentum nitricum  
Arnica montana  
Arum triphyllum  
Calcarea carbonica  
Carbo vegetabilis  
Causticum  
Hyoscyamus niger  
Paris quadrifolia  
Phosphorus  
Verbascum thapsus  

**THYROID REGENERATION**  
Ammonium carbonicum  
Camphora officinarum  
Crotalus horridus (Rattlesnake venom)  
Fucus vesiculosus  
Iodum  
Kali phosphoricum  
Placenta  

**VIRAL MYALGIA**  
Antimonium crudum  
Crotalus horridus  
Lycopodium clavatum  
Viscum album  

**WARTS**  
Acidum nitricum  
Antimonium crudum  
Causticum  
Dulcamara  
Thuja occidentalis  
Verruca sabina (Nosode—warts)